Talk #1

Dementia Conversations -
by
Alzheimer’s Association

See Below for Dates at your local Senior Center

The Dementia Conversations program is designed to:

- Share some tips for breaking the ice and having difficult conversations around some of the most common issues that arise when someone shows signs of Alzheimer’s or dementia
- Help you plan ahead and build a care team that works and communicates well to reduce some of the stress that can accompany a disease like Alzheimer’s
- Give you the opportunity to hear from people who are dealing with similar issues. These individuals will share how they handled these challenging conversations.
- Connect you with helpful resources to enhance quality of life for everyone involved

Target audience: People noticing changes in seniors they are close to, who have not received a dementia-related diagnosis, care partners of those in the early stage of dementia, other family members who do not see themselves as caregivers, long-distance caregivers, hands-on caregivers of people in the middle to late stages of dementia. 1 hour class.

**Dates and Locations:**
Please call the Senior Center to make reservations

- **Thursday, April 26, 2018 at 10:00am**
  South Carroll Senior Center
  410-386-3700

- **Friday, May 4, 2018 at 10:30am**
  Mt Airy Senior Center
  410-386-3960

- **Thursday May 31, 2018 at 10:00am**
  North Carroll Senior Center
  410-386-3900

- **Thursday, June 14, 2018 at 10:30am**
  Taneytown Senior Center
  410-386-2700

- **Thursday, August 9, 2018 at 10:00am**
  Westminster Senior Center
  410-386-3850

The Americans with Disabilities Act applies to the Carroll County Government and its programs, services, activities, and facilities. Anyone requiring an auxiliary aid or service for effective communication or who has a complaint should contact The Department of Citizen Services, 410.386.3600 or 1.888.302.8978 or MD Relay 7-1-1/1.800.735.2258 or email ada@ccg.carr.org as soon as possible but no later than 72 hours before the scheduled event.