



**CARROLL COUNTY  
LOCAL MANAGEMENT BOARD**

**ANNUAL PROGRAM REPORT  
JULY 1, 2012 – JUNE 30, 2013**

**Carroll County Local Management Board  
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**“Alone we can do so little; together we can do so much.”**

Helen Keller

Local communities are the heart of Local Management Boards (LMBs) in Maryland. LMBs are the spark that lights the community fire, giving voice to local issues, assessing strengths and needs and breaking down agency barriers. Local Management Boards receive Children Cabinet Interagency funds to:

- Build collaborative partnerships among public and private organizations, nonprofits and community representatives including consumers and participants
- Assess community needs
- Develop strategic plans
- Apply for and manage State, federal and community dollars
- Develop and manage contracts
- Monitor children’s programs
- Measure performance to ensure program outcomes are met
- Evaluate programs
- Provide fiscal accountability
- Provide ongoing technical assistance to service providers

Local Management Boards are the core entities established in each of Maryland’s 24 jurisdictions to stimulate collaboration at the local level and to strengthen local services for children and families. The establishment (1990) and subsequent re-establishment (2006) of LMBs is provided for through Article 49D – Children, Youth, and Family Services. In October, 2007 Article 49D transitioned into the Human Services Article, Title 8.

The Carroll County Local Management Board (CCLMB) began in 1995 and became operational in 1997. The administration of the LMB is placed within County Government in the Carroll County Department of Citizen Services. The LMB received FY 13 funding from Carroll County Government, Governor's

Office for Children, Governor's Office of Crime Control and Prevention, Department of Juvenile Services and the Maryland Department of Human Resources.

**The Local Management Board is the neutral convener that builds community partnerships and promotes local voice and local choice in Carroll County.**

#### **Carroll County FY 13 Snapshot Picture**

- 18,749 individuals served
- 9 programs offered

#### **Carroll County LMB Funded/Monitored Programs**

- Adventure Diversion Program
- Brief Strategic Family Therapy
- Cultural Navigator
- Get Connected Family Resource Center
- Interagency Family Preservation
- Local Care Team
- Parents As Teachers Initiative
- Parent-Child Interaction Therapy
- Promoting Safe & Stable Families

#### **FY 13 Accomplishment Highlights**

- Convened Early Childhood Consortium Celebration Breakfast: First Place in Maryland School Readiness
- Representation on SART (screening, assessment, referral and treatment for pregnant women using alcohol or substance)
- Partner organization in training and development of SMART (assessment and treatment of children prenatally affected by maternal alcohol or substance use)
- Developed food resource network
- LMB partnered with Carroll Citizens for Racial Equality- Our Hispanic Community. Guest Speaker Alfredo Quinones-Hinojosa, author of *Becoming Dr. Q My Journey from Migrant Farm Worker to Brain Surgeon*
- Sustained funding for LMB functions
- Convened professional development for licensed child care providers in reporting suspect child abuse & neglect

*“The Mental Health Association/Child Care Choices benefits from networking opportunities and strong commitment to children present among the participating partners of the Carroll County Local Management Board. Specifically, as a partner agency advocating for children, the concern of under-reporting suspected child abuse and neglect was shared and recognized. A collaborative strategy was agreed upon offering professional development on the topic of recognizing and reporting child abuse and neglect twice per year to child care providers and the community. With this*

*partnership established, care givers have a deeper understanding of their reporting responsibility and the process after reporting occurs ultimately impacting how the community protects children.”*

Nancy Magana  
Carroll County Child Care Choices

**The Local Management Board fosters an inclusive community with access to service**

*“The LMB has unveiled a multitude of beneficial resources that previously this organization was unaware of its existence. These uncharted resources have improved the quality of care the organization has been able to provide to its patients and members of our community.”*

Norma Austin  
Carroll Hospital Center

**How Are Families Accessing Services?**

*“Continued LMB funding has allowed United Hands of Carroll County (UHCC) to provide our clients with consistent support. UHCC has also stepped up our efforts in networking within our community. We continue to build on our partnership with Carroll Community College and the ESOL program and more. Most recently our Outreach Assistant has joined the Special Populations Emergency Planning Committee that meets bi-monthly. The committee thanked UHCC for joining, as there is no representative for the non-English speaking immigrant community.”*

Elena Hartley  
Mary Carrier  
United Hands of Carroll County

**Cultural Navigator Program** provides information and referral about services that individuals and families in the Hispanic community need in order to achieve self-sufficiency. United Hand of Carroll County’s (UHCC) strength is a bilingual and bicultural staff that enables them to provide a culturally competent and responsive setting for Spanish-speaking clients. UHCC serves Hispanics and other immigrants in Carroll County.

**Goals:**

- Alleviate the frustration of immigrants when they are unable to navigate the system of care in the U.S.A.
- Ensure families have information and improved access about /to services

**Performance Measures:**

- 513 individuals were served and 432 referrals for services were made
- 12 community events outreached another 875 individuals
- 100% of individuals were satisfied with Cultural Navigator
- 100% of individuals reported that the referrals provided the requested information or service

- 100% of individuals reported increase confidence & competence in addressing future needs

**Get Connected Family Resource Center (GCFRC)** provides information and referral to Carroll County residents who are in need of services for their children ages birth through 25 years. Family Navigator services are also available for families of children with intensive needs (developmental disabilities, mental health disorders and substance abuse). Family Navigators assist families in learning to navigate and manage systems of care. Services include outreach and referral, assessment, development of family plans, care coordination and advocacy.

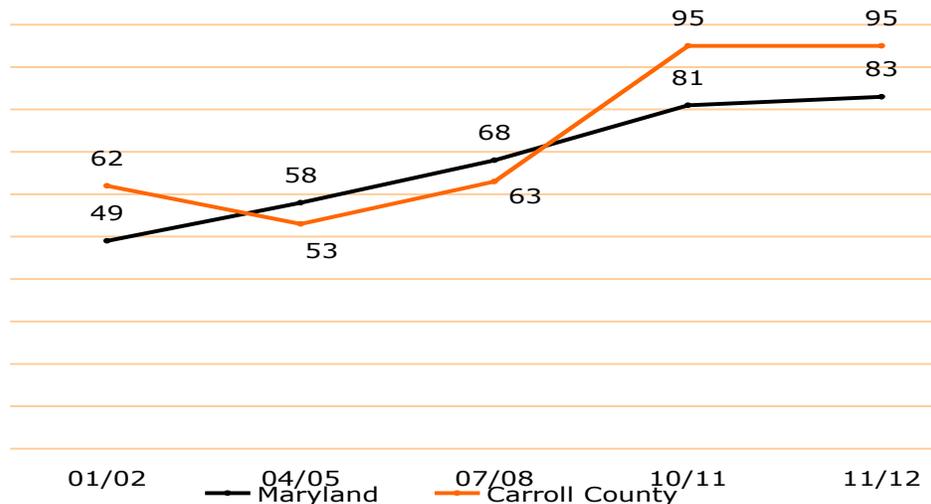
**Goals:**

- Ensure families have information and referral for services
- Ensure families of children with intensive needs have assistance navigating multiple systems and accessing service

**Performance Measures:**

- 992 calls received
- 2,924 referrals made
- 13,786 web site hits
- 749 families served by Family Navigators
- 94% of families were satisfied with services from Family Navigators
- 94% of families report success in receiving needed services
- 89% of families report an increase in ability to advocate for their child’s needs
- 89% of families reported a decrease in stress after receiving family navigation services

**How Are Young Children Faring in Carroll County?**



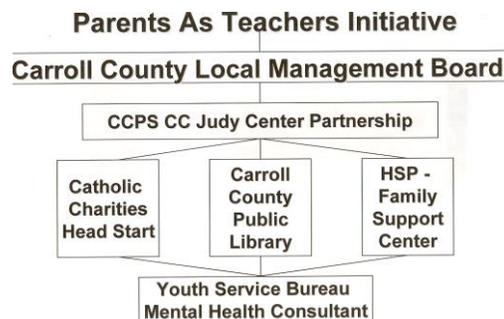
**95% of the County’s kindergarten students are fully ready for school – a 33 point gain in readiness from 2001-2002. Carroll County’s kindergarteners outpace the statewide readiness level, currently at 83%.**

*“What I really like about Parents as Teachers is that I get new ideas and ways to teach things to my children. For example, my daughter was having trouble learning her colors and my parent educator gave me some suggestions to try that have been helpful. I also like all the fun activities that we do together. Even my son who is 13 months had fun with the water activity....”*

PAT Parent Participant  
Catholic Charities Head Start of Carroll County

Carroll County Local Management Board’s focused attention on school readiness and Parents As Teachers (PAT) Initiative contributed to this success. Parents As Teachers is an evidence-based parent education and support program serving families prenatal through 5 years of age. It includes home visitation, developmental screening, group support and connection to community resources.

The Carroll County Parents As Teacher service delivery system is interagency by design. Partners include: LMB, the Judy Center Partnership, Catholic Charities Head Start, Human Services Programs Family Center, Carroll County Public Library and Carroll County Youth Service Bureau. Carroll County Local Management Board provides leadership and partial funding for this initiative, which is coordinated by the Judy Center Partnership.



**PAT Goals:**

- Increase parent knowledge of early childhood development and parenting practices
- Increase school readiness
- Provide early detection of developmental delays and health issues
- Prevent child abuse and neglect

**Performance Measures:**

- 417 families served in PAT
- 628 children served in PAT
- 10 child care providers received PAT and provided service to 54 additional children

- 74% of children received a full or partial screening, 9% were referred for further evaluation as a result of the screening, 48% of children referred received follow-up services as a result of referral
- 100% of children served have health insurance
- 23% of parents did not complete high school or have a GED
- 48% of the families were low income
- 16% of children served had a disability or chronic health issue
- 11% of families served were homeless or in unstable housing
- 35 families speak Spanish in the home
- 79 mental health consultations were made for behavioral/social-emotional concerns and 30 families were served
- 100% of parents surveyed were satisfied or more than satisfied with PAT services and mental health consultation
- 100% of parents benefited from PAT services as demonstrated by pre and post survey
- 88% percent of parents are confident in handling their child's social-emotional development
- 90% of kindergartners who participated in PAT entered school ready to learn as measured by Work Sampling System

Other community resources positively impacting school readiness include: Come Learn with Me groups for parents and children, Carroll County Public Library early literacy activity centers, mobile services to child care centers and home child care providers, Books for Babies at Carroll Hospital Center, School Readiness Folder Project and, as well as dissemination of early childhood development information at county-wide events.

**Parent- Child Interaction Therapy (PCIT)** was implemented in Carroll County in FY11. PCIT is a behavioral family intervention for children 2-7 years of age with disruptive behavioral disorders. Sheila Eyberg at the University of Florida developed this evidence-based program. PCIT integrates social learning theory, play therapy and attachment theory to enhance parent-child relationships and parents' behavior management skills. PCIT is one of very few evidence-based treatments for very young children.

**Goals:**

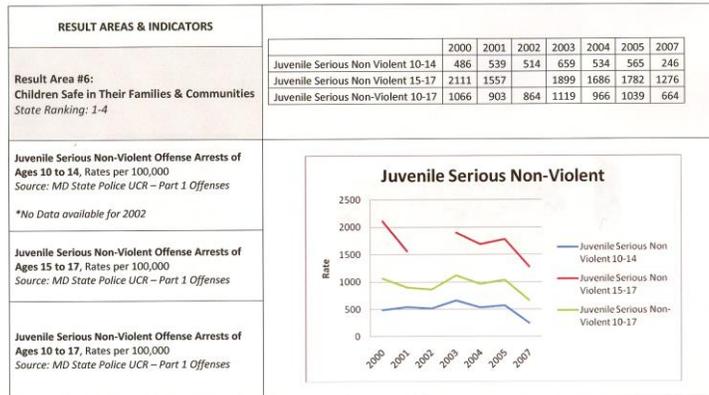
- Improve parent-child relationship
- Improve parents' behavioral management skills.

**Performance Measures:**

- One clinician, Mindy Yard, completed the process of PCIT certification through Auburn University on July 25,2012 to become in-house trainer and supervisor
- Jill Sturm has completed PCIT training and is a certified PCIT therapist
- 45 parent-child dyads received PCIT. Referrals came from Department of Social Services, Parents As Teachers and other community agencies

- 97% of the children had no DSS Child Protective Services involvement 12 months post treatment
- 100% of the children did not experience an out-of-home placement 12 months post treatment

## How Are At-Risk Youth Remaining at Home and in the Community?



- For all age groups, juvenile non-violent arrests are down.
- More children are remaining in the home and community due to continuum of resources.
- Resources include but are not limited to Brief Strategic Family Therapy, Adventure Diversion Program and Interagency Family Preservation.
- Families have better access to service.

*“In Adventure Diversion Program, I learned to stay positive, follow rules and make a plan before you do something.”*

Program Participant

*“In Adventure Diversion Program, I learned teamwork and getting along better with my peers.”*

Program Participant

In partnership with Carroll County Local Management Board, Carroll County Department of Juvenile Services, Carroll County Youth Service Bureau, and the Boy Scouts of America, the **Adventure Diversion Program (ADP)** is an alternative intervention for:

- Court-ordered youth at risk of being detained or placed out of home
- Court-ordered youth returning from out of home facilities (e.g., detention, shelter, RTC, group home)
- Court-ordered youth at risk of violating probation due to increasing high-risk behaviors
- Pre-Court Level II status youth with a history of two or more contacts with DJS

ADP is a consequence-based program that emphasizes responsibility, opportunity and teamwork. The Office of Juvenile Justice, Delinquency and Prevention (OJJDP) classify ADP as a Best Practice Model for De-institutionalization of Status Offenders. ADP is a mandatory supervised evening reporting center that provides experiential learning, conflict resolution and pro-social skill development blended with outdoor activities.

**Goals:**

- Prevent out-of-home placement
- Develop pro-social skills and teamwork

**Performance Measures:**

- 30 youth were served in ADP
- 140 evening reporting sessions held
- 126 venturing activities conducted
- 12 weekend venturing activities conducted
- 93% of youth exhibited a desired change in targeted behaviors
- 100% of youth were fully assessed.
- 100% of cases were assigned to alternatives to detention programs

*“Family Preservation helped in the support that was offered during home visits with recognizing what part of my son’s behavior was typical teenage behavior and what was due to his diagnosis. Outside resource/referral/information was also very helpful.”*

Parent- Program Participant

The **Interagency Family Preservation Program (IFP)** provides services to families who have a child at imminent risk of out-of-home placement and are referred by Department of Social Services, Department of Juvenile Services, Core Service Agency, and local public and private schools. Services include time limited intensive in-home crisis stabilization, mental health treatment, case management and step down services.

**Goals:**

- Resolve immediate crisis
- Improve family functioning

**Performance Measures:**

- 42 newly served families
- 93% of families made positive change as measured by North Carolina Family Assessment
- 100% of families were satisfied or more than satisfied with services
- 93% of children were not placed out of the home 12 months post service.

*“Carroll County Local Management Board has worked tirelessly to bring child and family programs, Brief Strategic Family Therapy, an evidence-based treatment, and significant trainings to this county; simply put, these programs would not be here had the LMB not identified the need and located the funding for these services.”*

Lynn Davis, Executive Director  
Carroll County Youth Service Bureau

**Brief Strategic Family Therapy** is an evidence-based short term (8-24 sessions) intervention in treating families who have children ages 6-17 displaying acting out problematic behavior. BSFT was developed by the Center for Family Studies, University of Miami in 1975 and is a research-proven family therapy for Hispanic/Latino families. The Office of Juvenile Justice and Delinquency Prevention (OJJDP) and the Substance Abuse and Mental Health Service Administration (SAMHSA) endorse BSFT as a model program.

**Goals:**

- Decrease child problematic behavior
- Increase family functioning

**Performance Measures:**

- 56 families served
- 184 individuals served
- 100% of parents/guardians were satisfied with BSFT
- Families demonstrated healthy approaches to resolve problems. Positive changes were seen in family roles (100%), verbal communication (82%) and solving problems (91%) as measured by McMaster Family Assessment.

**Looking Back, Moving Forward**

Carroll County Local Management Board sustained significant cuts in Children Cabinet Funds from the Governor’s Office for Children for LMB personnel and operations in FY 11, 12 and 13. Administrative funding decreased from \$200,000 to \$65,000. Funding from County Government was maintained at \$71,500.

Although programs were maintained at level funding there are growing wait lists for Parents As Teachers and early childhood mental health services. Funding has not kept pace with the demand for service. LMB personnel cuts and staff hours were reduced in FY 11- 13. LMB sustainability is an ongoing issue.

Thank you to LMB members and partners for your active participation and support in promoting the well being of children and families in Carroll County.

**FY 13 Carroll County LMB Members:**

Walter Akers	C.C. Advocacy & Investigative Center
Norma Austin	Carroll Hospital Center
Dawn Brown	C.C. Core Service Agency
Lynn Davis	C. C. Youth Service Bureau
Mathew Fonseca	Department of Juvenile Services
Nancy Gregg	Carroll Community College
Lynne Griffith	Parent Representative*
Virginia Harrison	Human Relations Commission
Elena Hartley	United Hands of Carroll County
Fred Hecker	Miller and Hecker LLC

Karen Koenigsberg	Get Connected Family Resource Center
Larry Leitch	C.C. Health Department
Nancy Magana	Child Care Choices
Sue Mitchell	C. C. Public Schools
Cynthia Parr	Human Services Programs of Carroll County
Sharon Plump	Division of Rehabilitation Service
Denise Rickell	C. C. Business and Employment Resource Center
Connie Sgarlata	Family & Children's Services of Central MD
Dorothy Stoltz	C. C. Public Library
Frank Valenti	C.C. Department of Social Services
Powel Welliver	Family Law Administration-Circuit Court
Rita Zimmerman	Department of Citizen Services

\* Denotes LMB Chair

**LMB Staff:**

Mary Scholz, Manager

Jenny Meloy, Contract Specialist

Terry Rasche, Office Associate/Fiscal