

Home & Garden

WOMEN IN PROGRESS 2017 (WIP)

#WIP2017 **January–December membership (times will vary by activity)**

Another year of WIP; join us for the first time - or return for another amazing year! This is a growing group of women enjoying the fun. Recognizing that we are all "works in progress" and that women in particular tend to make sure other things or other people progress before themselves, we provide time for friendship, support, activity, and new experiences while encouraging individual growth. Come alone or grab a girlfriend and take time to enjoy. Trips/speakers/events will be scheduled on varying days/times with schedule t/b/a. Fee covers your membership through 2017; some activities will require additional fees, but not all. Choose only the ones you want to attend. Each month will offer one or more opportunities to join in on the fun; some activities in the planning are listed below. Coordinator-Tina Shupp

Just a sample of items to come - there will be plenty more!

January ... Collectibles Night

February ... "Minute To Win It" games

March ... Pottery fun

Adults 21+ / 12 or more sessions / Meets at RMC or other location by activity

\$10 membership fee (other fees apply per activity)

No early bird or senior discount

PRESCHOOL



MOMMY & ME TUMBLING

#16WG16 **Wed, Dec 7–Jan 11, 10–10:45am**

#16WG17 **Wed, Jan 18–Feb 22, 10–10:45am**

An exploration based program with a semi-structured format making physical skills top priority. Parental involvement is gradually decreased through inviting activities. The children soon take pride in being treated like "big kids."

1–2.5 years / 6 sessions / MD Allstar Athletics

\$90

TINY TUMBLERS

#16WG18 **Wed, Dec 7–Jan 11, 11–11:45am**

#16WG19 **Wed, Jan 18–Feb 22, 11–11:45am**

Emphasis is placed on perfecting basic tumbling skills and working strength, flexibility, coordination, self-confidence. Fundamental gymnastics skills (rolls, headstands, handstands, cartwheels) are taught. At this level, self-discipline and internal motivation become emerging benefits.

3–5 years / 6 sessions / MD Allstar Athletics

\$90

PRESCHOOL GYMNASTICS

#16WG20 **Mon, Jan 2–Feb 20, 10:15–11am**

This preschool program is designed to develop basic movement, balance and listening skills, all through structured gymnastics activities for this specific age group. It is a teacher directed program without a parent; student/instructor ratio 6:1.

3–4 years / 8 sessions / Carroll Gymnastics

\$130

MOMMY & ME GYMNASTICS

#16WG21 **Mon, Jan 2–Feb 20, 11–11:45am**

A preschool program that is designed for the younger child, with parental assistance, to learn beginning movements and activities in a structured environment; student/instructor ratio 7:1.

18 months–3 years / 8 sessions / Carroll Gymnastics

\$130

KINDERGARTEN GYMNASTICS

#16WG22 **Tues, Jan 3–Feb 21, 4:45–5:30pm**

This preschool program is designed to develop basic movement, balance and listening skills through structured gymnastics activities for this specific age group. It is also teacher directed without a parent; student/instructor ratio is 6:1.

5 years / 8 sessions / Carroll Gymnastics

\$130

SUPERHERO TRAINING

#16WG23 **Sat, Jan 7–Feb 11, 11am–12pm**

BOYS & GIRLS - come join our fun group and learn to fly, jump, climb and tumble in this action-packed program!

3–7 years / 6 sessions / MD Allstar Athletics

\$80

BALLET/TAP COMBO I

#16WG24 **Mon, Jan 9–Feb 20 (no 2/13), 4–4:50pm**

An exciting introduction to ballet, tap and creative movement. The focus will be on having fun and giving your child a positive intro to dance. No experience is necessary, all levels welcome. Wear pink leotard, pink tights, pink ballet slippers, black tap shoes; wear hair in a bun. Students must be independent enough to participate in the program activities without a parent but will need their help with the changing of their shoes during each session. Instructor-Katherine Snyder

3–5 years / 6 sessions / WSC

\$35

5

