



BOATING & FISHING

CAN YOU CANOE?

April 15 OR May 13 1 session Wednesday
Program #09SG28 April 15
Program #09SG29 May 13

Have you always wanted to canoe, but never tried? Want to go on a trip, but aren't sure you or your child will like it? Those without canoe experience, or those who just need a "refresher" are invited to attend a learning/practice session on the calm waters of Lake Hashawha. PFD's are required and are provided. All ages are invited (children accompanied by a paying adult) but we have limited toddler size lifejackets. **No early bird or senior discount.** Instructor: Tina Shupp
TIME: 5:30-6:30pm FEE: \$5
LOCATION: Lake Hashawha, meet at pavilion

DAY CANOE TRIP ON THE MONOCACY RIVER

1 session & 1 Pre-Trip Wed. & Saturday OR Wed. & Sunday
Program #09SG30 April 18 Trip (Pre-Trip Meeting 4/15, 6pm)
Registration Deadline 4/9
Program #09SG31 May 17 Trip (Pre-Trip Meeting 5/13, 6pm)
Registration Deadline 5/8

Enjoy a spring outing, paddling 6 miles of the scenic Monocacy River. No previous experience necessary! For ages 8+ (under 15 must be accompanied by paying adult). Optional pre-trip meeting at Lake Hashawha (4/15 or 5/13) will give you practice on canoe safety and technique. Bring a lunch, and a change of clothes packed in a waterproof manner. Wear shoes that can get wet and muddy. The trip will be canceled if water levels are too dangerous or too low. The fee includes instruction, canoes, paddles, lifejackets and van transportation.

TIME: 9:30am-until FEE: \$20
LOCATION: Depart/Return BBNC

INTRODUCTION TO FLY FISHING

February 12 OR March 12 1 session Thursday
Program #09SG32 February 12
Program #09SG33 March 12



Unravel the mystery of fly fishing this spring! Learn all about the basics of fly fishing during this short course- from the necessary equipment, local streams and rivers, the fish and insects that inhabit these waters to knot tying and basic casting. Ages 14-adult; no fishing license is required for this class! **No early bird or senior discount.** Instructor: Theaux LeGardeur from The Backwater Angler
TIME: 6-8pm FEE: \$10
LOCATION: Bear Branch, auditorium

MARYLAND BASIC BOATING SAFETY

2 sessions
Program #09SG34 4/7 & 4/9, Tuesday & Thursday, South Carroll Sr. Cntr
Program #09SG35 5/27 & 5/29, Wed. & Friday @ Bear Branch Nature Cntr
Program #09SG36 6/11 & 6/14, Thurs. & Sun. @ Westminster Senior Cntr
An 8-hour course that meets the state requirements for boating and personal watercraft safety. In order to operate a motor boat or personal watercraft, persons born after July 1, 1972 are required by MD law to successfully complete this certification course. Class includes a review of chart reading, course plotting, marlinspike (knot tying). Ages: all (under 13 must be accompanied by a paying adult). **No early bird or senior discount.** Instructor: Loren Lustig
TIME: 6-10pm FEE: \$20
LOCATION: Choose above

COOKING FOR YOUTH & ADULT



CAKE DECORATING

January 29-March 19 8 sessions Thursdays



Acquire the knowledge of cake decorating - learn the rose and many other flowers, many borders, tier cake, and techniques. For beginners and experienced cake decorators. A demonstration the first class will cover many aspects of cake decorating, please bring paper and pencil. A list of materials needed will be handed out at the first class. Instructor: Doris Jenkins
TIME: 7-9:30pm FEE: \$85
LOCATION: Westminster High School, Room #E-125

COOKING 101

March 7 1 session Saturday
Program #09SG38

Learn basic culinary skills, useful kitchen techniques, and tasty recipes. This course will cover fundamental cooking procedures and help turn the kitchen into a place you'll want to spend time. Instructor: Janet Maranto
TIME: 10am-12noon FEE: \$25
LOCATION: Westminster High School, Room #E-125

EDIBLE ART

February 24-March 10 3 sessions Tuesdays
Program #09SG39

Learn the art of food garnishing. Use the skills and techniques taught in this "hands-on" class to make your food more attractive, interesting and exciting. A materials list will be sent prior to the first class. Instructor: Doris Jenkins
TIME: 7-9:30pm FEE: \$50
LOCATION: Westminster High School, Room #E-125

FAMILY CHEFS (ages 4 - 14)

April 4-May 2 (no class 4/11) 4 sessions Saturdays
Program #09SG40

Great sibling class! Learn to make "good for you" food that tastes great together as a family. This program offers fun and exciting ways to get the whole family involved in preparing lunch or dinner together. Learn how to bring the "family dinner time" back and come prepared to get a little messy with your picky eater! A \$35/child materials fee is due to the instructor at the first class.

Adult participation is required. Instructor: Abigail Dion
TIME: 12:15-1:15pm FEE: \$45/child
LOCATION: Westminster High School, Room #E-125

LEARNING & PREPARING THE DIABETIC DIET

March 14 OR May 16 1 session Saturday
Program #09SG41 March 14
Program #09SG42 May 16

Learn to cook with lower carbs and help control your Diabetes. This class is a way to have fun with cooking and learn a little about smart eating. The recipes are based on the Low Glycemic Index. If you or a loved one has Diabetes (or if you just want to learn more about healthy cooking) and they are bored with the food they have to eat ... then let's make it at least taste good! Kids love the recipes. Learn how to walk through the grocery store and pick out hidden carbs on labels and much more. *This class is not a certified Diabetic cooking class - the instructor is a diabetic who simply teaches easy cooking techniques. A \$15 materials fee is due to instructor at beginning of class. Instructor: Abby Dion
TIME: 11am-1pm FEE: \$30
LOCATION: Westminster High School, Room #E-125

MELON CARVING

May 21 1 session Thursday
Program #09SG43

In this "hands-on" class you will learn to carve a melon bird fruit bowl, an apple bird, and a melon bird with extended wings. A demonstration will also be given on carving a watermelon lantern. A list of items to bring to class will be sent prior to class. Instructor: Doris Jenkins
TIME: 7-9:30pm FEE: \$30
LOCATION: Westminster High School, Room #E-125

TINY HANDS CHEFS (ages 3½ - 6)

April 4-May 2 (no class 4/11) 4 sessions Saturdays
Program #09SG44

"One bite won't hurt you!" Tiny hands love to cook! Make quick and easy recipes kids will love to prepare and eat. Bring your "picky eater" and come join the fun. A \$30/child materials fee is due to the instructor at the first class. Adult participation is required. Instructor: Abigail Dion
TIME: 11am-12noon FEE: \$45/child
LOCATION: Westminster High School, Room #E-125