

SPECIALS



ADULT AMERICAN SIGN LANGUAGE

March 21–May 16 (no class 4/11) 8 sessions Saturdays
Program #09SG198



For those age 16+ who wish to learn to communicate with Deaf people (children ages 10-16 are welcome but must be accompanied by a paying adult). We will learn basic American Sign Language including greetings, family members, foods, shopping, and signs for around the house. Instructor: Alex Day

TIME: 9-11am FEE: \$95
LOCATION: Rec & Parks, Robert Moton Center, 300 S. Center Street

A.H.A. PEDIATRIC FIRST AID W/CPR

2 sessions Tuesdays OR Thursdays
Program #09SG199 Tuesdays, Jan. 27–Feb. 3 @ Robert Moton Center

Program #09SG200 Thursdays, Feb. 26–March 5 @ East Middle, cafeteria
An American Heart Association class for age 16 and older who are involved in child care or who may have a reason to respond to a pediatric medical emergency due to a job requirement. The focus is response and mitigation of pediatric medical emergencies. Course topics include adult, child and infant CPR and choking, basic first aid, medical and injury emergencies and environmental emergencies. CPR with AED skills certification is included with this class. Instructor: Dan Egan, AHA certified

TIME: 6-10pm FEE: \$75
LOCATION: Choose program above

A.H.A. HEARTSAVER FIRST AID W/CPR AND AED

2 sessions Wednesdays OR Thursdays
Program #09SG201 Wed., Feb. 11–Feb. 18 @ Westminster Senior Center

Program #09SG202 Thursdays, Mar 19–Mar 26 @ East Middle, cafeteria
This American Heart Association course teaches how to manage illness and injuries and how to perform CPR in adult, child and infant victims until help arrives. The class also includes managing airway obstructions, environmental emergency recognition and treatment, and AED use for adult and child victims. This class is geared towards those who need formal certification in CPR and First Aid skills, such as a lifeguard, teacher, healthcare professional or public safety official. For age 16+. Instructor: Dan Egan, AHA certified

TIME: 6-10pm FEE: \$75
LOCATION: Choose program above

A.H.A. BLS FOR HEALTHCARE PROVIDERS

February 21 OR April 25 1 session Saturday
Program #09SG203 February 21, Robert Moton Center, 300 S. Center St.
Program #09SG204 April 25, Westminster Senior Center

An American Heart Association course for healthcare providers such as EMS providers, doctors, dentists, physician's assistants who require certification in CPR and related skills as a part of their job. Includes certification in adult, child and infant CPR, breathing emergencies and airway obstructions, two-rescuer CPR, bag valve mask and barrier device use as well as AED certification for adult and child victims. For age 16+. Instructor: Dan Egan, AHA certified

TIME: 9am-1pm FEE: \$80
LOCATION: See above

MICROSOFT WINDOWS

April 14–May 5 4 sessions Tuesdays
Program #09SG205

Learn about the basics of the operating system of your computer as well as all the shortcuts to making work easier for you. Instructor: Ellen Arvin

TIME: 4-6pm FEE: \$40
LOCATION: Cranberry Station Elementary School



MICROSOFT WORD - INTERMEDIATE

March 17–April 7 4 sessions Tuesdays
Program #09SG206

For those who have a basic working knowledge of word processing, we will learn the customization and shortcuts to make using this program easier and fun to use. Instructor: Ellen Arvin

TIME: 4-6pm FEE: \$40
LOCATION: Cranberry Station Elementary School

OH BABY, BABY!

January 27 1 session Tuesday
Program #09SG207

Want to take great pictures of babies no matter what kind of camera you have? Learn quick and powerful techniques for lighting, backgrounds, posing, com-posing, and more for any skill level. We'll discuss photographing newborns up to toddlers. Bring a pen and some paper to take notes! Visit

www.melaniebphotography.com. Age: 16+. Instructor: Melanie Batarseh
TIME: 7-9pm FEE: \$30
LOCATION: South Carroll Senior Center

PHOTOGRAPHING YOUR BABY

May 6–May 20 3 sessions Wednesdays
Program #09SG208



What's the best way to learn to take better pictures of your baby?--Taking pictures with a professional photographer by your side! Bring your baby (newborn to 12 months) and your digital Single Lens Reflex (SLR) camera for this hands-on workshop. We'll spend a few minutes each session discussing technique, and the rest of the session actually taking pictures with one-on-one advice. Bring your prints to the 2nd and 3rd class for constructive criticism. A basic working knowledge of your digital SLR camera is needed (that is, how to change shutter speed, aperture, ISO), but the class will cover camera settings and techniques for portrait work. Visit www.melaniebphotography.com. Age: adult. Instructor: Melanie Batarseh

TIME: 9:30-11:30am FEE: \$125
LOCATION: Westminster Senior Center

PHOTOGRAPHY 101: USING YOUR DIGITAL SLR CAMERA

April 6 OR April 28 1 session Monday OR Tuesday
Program #09SG209 4/6 Monday, 9:30-11:30am @ Robert Moton Center

Program #09SG210 4/28 Tuesday, 6:30-8:30pm @ Liberty High School
Skip the "auto" option and set your Single Lens Reflex (SLR) camera on "manual" and learn how to really get the most out of your investment. Learn what all those settings actually do! Appropriate for beginners with no experience and will explain in everyday terms the basic use and operation of a digital SLR camera. You will learn about aperture, shutter speed, ISO, and more. Bring your camera, manual, pen and paper. Visit www.melaniebphotography.com. Age: 16+. Instructor: Melanie Batarseh

TIME: Choose above FEE: \$30
LOCATION: Choose above

SIGNED ENGLISH

March 21–May 16 (no class 4/11) 8 sessions Saturdays
Program #09SG211

For those who wish to learn Sign Language to communicate with someone Hard of Hearing, losing their hearing, or someone who uses a form of Signed English. A great class for work colleagues, family members and good friends; we'll learn to communicate in a visual form of English, using the conceptual signs of American Sign Language, but in English word order including grammatical English for speech reading purposes. Lessons will focus on a different theme each week involving vocabulary for talking about your day, school, daily activities, specific requests for work settings, feelings, holidays, and more. Instructor: Alex Day

TIME: 1-3pm FEE: \$95
LOCATION: Rec & Parks, Robert Moton Center, 300 S. Center Street

THE WAR YEARS - 1941-1945

May 26 1 session Tuesday
Program #09SG212

Music, Uniforms, Rationing and Famous Victories / The "Greatest Generation" of Americans worked together for 4 long years to defeat tyranny and win freedom for people all across the world. We honor their sacrifice by taking time to celebrate their lives and the patriotism that led to Victory in World War II. We will remember the music, the humor, the rationing, the sacrifices and the victories. Any World War II veteran will be recognized as an honored guest. World War II veterans and spouses - please call 410-386-2103 to let us know you will be attending free of charge. Light refreshments follow the program; all ages welcome. No early bird or senior discount.

TIME: 7-9pm FEE: \$5
LOCATION: Westminster Senior Center



WINTER TUNE-UP: REDUCING YOUR MOTORCYCLE RIDING RISKS

February 24–March 10 3 sessions Tuesdays
Program #09SG213

Are you a rider looking forward to spring and better riding weather? Refresh your knowledge and skills and get ready for the upcoming riding season? We will look at simple, yet sound tips & techniques that can significantly reduce your exposure to hazards of the road while riding. This interactive workshop presents relevant thoughts and theories of safe riding, and encourages you to establish, develop, and maintain your own safe riding habits. Visit www.onelesstraveled.com. Age 18+. Instructor: Doug Osterhouse

TIME: 7-9pm FEE: \$50
LOCATION: Westminster Senior Center