

THERAPEUTIC RECREATION

The following programs are offered for persons with developmental delays and disabilities. Included with each program is a description of the population that each will be serving. Questions? call Debbie Gemmill or Barbara Lages at 410-386-2103. No early bird or senior discounts apply for Therapeutic Recreation programs.

SPARE TIME BOWLING

February 2–April 6 10 sessions Mondays
Program #09TR1

Ten or Duck Pin! Learn the fundamentals of bowling or just come to improve your skills and have fun. Population: youth, young adults, and adults with disabilities. Instructor: Kathy McCaffrey

TIME: 5-6pm FEE: \$50
LOCATION: Greenmount Lanes, Hampstead



SPARE TIME BOWLING: SOUTH

March 18–May 20 10 sessions Wednesdays
Program #09TR7

Enjoy an hour of Ten Pin Bowling (lightweight balls). Participants will learn the fundamentals of bowling or just improve skills and have fun. Population: youth, young adults, and adults with disabilities. The \$7 weekly fee is collected by instructor. Instructor: Tia Sanker

TIME: 5-6pm FEE: \$15 registration
(PLUS \$7 weekly fee)
LOCATION: Cross Roads Bowling Lanes Eldersburg

ART MADE FUN WITH CARLA

February 7–March 28 8 sessions Saturdays
Program #09TR2

An art studio experience which is not only fun, but a great learning experience for those participating. Your class will consist of a special project each week that you will enjoy and learn from with fellow classmates. The first night of class is a "meet the instructor" night in which you can view some projects in the studio, and the instructor gets the opportunity to meet the students. Population: ages 12-17 with disabilities. \$15 materials fee is due to instructor at first class. A caregiver must attend with registrant. Instructor: Carla Gray

TIME: 1-2pm FEE: \$70
LOCATION: Studio on the Hill, 2251 Pennview Drive, Manchester



SO YOU WANT TO GO TO ART SCHOOL?

February 7–March 28 8 sessions Saturdays
Program #09TR3

An art studio experience that focuses on you, the participant, and what your interests are. You will make the decision on what project(s) you would like to start. The same project may last for weeks or may be completed in one night – it's your decision. The first night will be a "meet the instructor" night in which you will get to view the projects available and make your choices. The materials fee will vary with what you choose and will be due to the instructor the first night of class (approx. \$5-\$10 per project). Population: age 18+ with disabilities. A caregiver must attend with registrant. Instructor: Carla Gray

TIME: 2:30-3:45pm FEE: \$90
LOCATION: Studio on the Hill, 2251 Pennview Drive, Manchester

KITCHEN KAPERS (no class 3/19 & 4/16)

February 26–April 30 8 sessions Thursdays
Program #09TR4

Come join this basic leisure cooking class where we learn about meal preparation, menu selection and nutrition. Enrollment is limited to 6. Population: individuals with disabilities, ages 16+. Instructor: Terry Serio

TIME: 5:30-7:30pm FEE: \$65
LOCATION: Maryland Cooperative Extension Kitchen (Ag Center)

LET'S PLAY - A MUSICAL INSTRUMENT, THAT IS!

March 10–April 28 8 sessions Tuesdays
Program #09TR5

Learn a musical instrument - one of your own or one that we provide for you. With lots of practice, there is the possibility of one day playing in a Special Olympics Opening Ceremony! Population: Adults age 18+ with disabilities. Instructor: Jesse MaGee (The Drummer Guy)

TIME: 7-8:30pm FEE: \$45
LOCATION: Westminster Senior Center

SPRING HO DOWN - SQUAREDANCING

March 11–April 29 8 sessions Wednesdays
Program #09TR6

Grab your partner and be ready for some fun and physical activity. Population: This program will be for participants age 18+. Population: Adults age 18+ with disabilities. Instructor: Sue Hurley

TIME: 6-7pm FEE: \$25/person
LOCATION: New Windsor Community Room



MOMMY/DADDY AND ME PLAY GROUP (no class 4/10)

March 27–May 22 8 sessions Fridays
Program #09TR8

This play group is an interactive program for children and their parent(s). Program provides developmentally appropriate activities for this age group and serves as a "get to know time" for parents. Population: Children age 18 months – 4th birthday, with developmental delays or disabilities. Instructor: Megan Anderson

TIME: 9:30-11:30am FEE: \$65
LOCATION: Rec & Parks, Robert Moton Center

FUN WITH FITNESS

March 31–May 19 8 sessions Tuesdays
Program #09TR9

Here's your chance to get some exercise, have fun, and learn about good health and wellness through a structured program of exercise, fitness, and socialization. Participants will play games and engage in individual and/or group exercise activities. Population: young adults/adults age 18+ with disabilities. Instructor: Bethany Anderson

TIME: 6:30-7:45pm FEE: \$45
LOCATION: Carroll Springs School, gymnasium

NIGHT OWLS

March/April/May 3 sessions Day TBA
Program #09TR10

A socialization group for young adults - must be able to function independently with a program leader who will plan a once a month group activity such as dining out, movies, miniature golf or just whatever might be fun! Population: age 13-17 with disabilities. Group Leader: TBA

TIME: varies per activity FEE: \$30 (Plus each activity fee-T/B/D)
LOCATION: varies per activity



ARTS AND CRAFTS

April 1–May 6 6 sessions Wednesdays
Program #09TR11

Come and join the group with this make-it and take-it program of seasonal projects. Population: age 10+ with disabilities. Instructor: Debra Hersh

TIME: 6-7:30pm FEE: \$42 (INCLUDES \$12 supply fee)
LOCATION: Westminster Senior Center, craft room

TURTLES

April 1–June 3 10 sessions Wednesdays
Program #09TR12

Toddlers and young children can come out and enjoy activities in a fully accessible, warm water pool. One-on-one assistance is not available; parents are required to participate with their children in the pool or make arrangements if client needs one-on-one assistance. Enrollment limited to 10. Population: children with disabilities, age 2-7. Instructor: TBA

TIME: 5:30-6:30pm FEE: Cost \$40
LOCATION: Carroll Springs School, pool

SPLISH! SPLASH!

April 1–June 3 10 sessions Wednesdays
Program #09TR13

Boys and girls can enjoy this recreational swimming program designed especially for children ages 8–12 and their siblings. One-on-one assistance is not available; parents are required to participate with their children in the pool or make arrangements if client needs one-on-one assistance. Enrollment is limited to 10. Population: Children with disabilities and their siblings; for ages 8-12.

Instructor: TBA

TIME: 6:30-7:30pm FEE: \$40/child

LOCATION: Carroll Springs School, pool

LUCKY DUCKS

April 1–June 3 10 sessions Wednesdays
Program #09TR14

Only “lucky ducks” get to swim indoors this time of year. Here’s an excellent opportunity for teens and adults to enjoy organized activities and exercises in a warm water pool. One-on-one assistance is not available; parents are required to participate with their children in the pool or make arrangements if client needs one-on-one assistance. Enrollment limited to 10. Population: age 13+ with disabilities. Instructor: TBA

TIME: 7:30-8:30pm FEE: \$40

LOCATION: Carroll Springs School, pool



CARROLL COUNTY CHAMPIONS

April 14–May 28 (no 5/12, 5/19) 14 sessions Tuesdays and Thursdays
Program #09TR15

A baseball/softball team experience for boys and girls. Modifications and accommodations will be implemented in order to ensure success and a positive experience for athletes. Bring your glove—other equipment will be provided. Uniform shirts are also included – please designate Youth or Adult S/M/L/XL when you register. Population: age 8 – 8th grade. Coaches: Ryan Kelly & Bill Stoner

TIME: 5:30-7pm FEE: \$35

LOCATION: Robert Moton ELEMENTARY School

“WILD ONES” (year round program)

Program #09TR16

An independent socialization group for adults age 18+ with disabilities interested in social activities in a structured setting. You must be an independent adult to participate. Come join us for the fun of group recreation and leisure activities such as dining out, miniature golf, ball games, hay rides, theme parties, movies/ plays, concerts and much more. Each activity requires a \$5 activity fee PLUS the cost of the respective activity. Instr.: Danette Kelmartin, dkelmartin@arccarroll.com, or contact Debbie Gemmill @ 410-386-2686.

TIME: Monthly as scheduled FEE: \$10 yearly membership

LOCATION: varies monthly

SPECIAL OLYMPICS:

(contact Marsha Barger 410-526-2165 or robfarin@verizon.net)

S.O. BASKETBALL - INDIVIDUAL SKILLS TRAINING

January 15 – March 19 10 sessions Thursdays

Athletes must have a current S.O. medical form to train – must be 7 years old to train and 8 years old to compete. Individual skills, and 3v3 team and 5v5 team competition. (Team practices are Saturdays, 6:30-8:30, January 3-March 14, at the Robert Moton Center, 300 S. Center Street, Westminster.)

TIME: 6:30-7:30pm LOCATION: Carroll Springs School

S.O. TRACK & FIELD TRAINING - FOR ADULTS

February 7 – April 25 (no 4/11) 11 sessions Saturdays

This program is for any athletes whose school doesn’t provide S.O. track and field training. Athletes must have a current S.O. medical form. Athletes will be training for the Area Spring Games, to be held at Westminster High School on Wednesday, April 29.

TIME: 9-10:30am LOCATION: Carroll Springs School

S.O. KAYAKING TRAINING

June 13–July 18 6 sessions Saturdays

Athletes must have a current S.O. medical form to train – must be 7 years old to train and 8 years old to compete. Athletes will be training for the Special Olympics Maryland Kayaking Regatta, held in St. Mary’s County, July 25-27.

TIME: 9:30am-12noon LOCATION: Piney Run Park


SERVE YOUR KIDS SOMETHING NEW TONIGHT!



Spring Tennis Classes for
Everyone
April 13 – May 10
QuickStart Tennis for PeeWees,
Juniors and Families

Fun • Fitness • Friends

To Register Call:
Baltimore Tennis Patrons
410-296-2100
tennis@tennispatrons.org

OFFICIAL SITE


Interested in Donating Land for a Future Park?

If you are interested in exploring the financial, tax and humanitarian ramifications of a land donation for a park, please contact: Carroll County Department of Recreation & Parks, 300 S. Center Street, Westminster, 410-386-2103.