



THE THERAPEUTIC RECREATION

The following programs are offered for persons with disabilities. Included with each program is a description of the population that each will be serving. For questions about these programs, please call Debbie Gemmill or Barbara Lages at 410-386-2103.



JINGLE BELL HOP

December 11 1 session Friday
Program #09TR37

Gather your friends for a fun-filled evening of holiday music, crafts and snacks! Dance to the music of a popular DJ. If you require individual assistance, please bring someone along. RSVP to Debbie at 410-386-2103 to register. Population: Adults age 18 or older with disabilities. A \$5 fee will be collected at the door.

TIME: 7-9pm FEE: \$5/person-collected at the door
LOCATION: Carroll Springs School

WILD ONES

Jan 1-Dec 31 monthly Day of week varies
Program #09TR38

An independent socialization group for adult individuals with disabilities interested in social activities in a structured setting. You must be an independent adult, age 18 or older to participate. Come join us for the fun of group recreation and leisure activities such as dining out, miniature golf, ball games, hay rides, theme parties, movies/plays, concerts and much more! Each activity requires a \$5 activity fee. You can register anytime during the year for the yearly membership fee. Instructor: (dkelmartin@arccarroll.com) Danette Kelmartin; or contact Debbie Gemmill @ 410-386-2686

TIME: Monthly as scheduled FEE: \$10 yearly membership fee
LOCATION: Monthly as scheduled

HOLIDAY ORNAMENTS

December 3 1 session Thursday
Program #09TR39



Make your very own holiday ornament out of clay, then paint it and have it in time to use for the holidays. This is a very fun and creative project to make and treasure for years to come. We provide everything you need to make this wonderful ornament, so come and join us for the fun! All materials included in fee.

Instructor: Abigail Dion
TIME: 6:30-8pm FEE: \$25

LOCATION: Glazed to Perfection, 2030 Liberty Road, Eldersburg

VALENTINES WITH HEART

February 4 1 session Thursday
Program #09TR40



Come and make some hearts out of clay with us. This is a very fun and creative project to make and treasure for years to come. We provide everything you need, so come and join us for the fun! All materials included in fee. Instructor: Abigail Dion

TIME: 6:30-8pm FEE: \$25

LOCATION: Glazed to Perfection, 2030 Liberty Road, Eldersburg

SO YOU WANNA BE AN ARTIST?

Jan 7-Feb 20 7 sessions Thursdays OR Saturdays
Program #09TR41 for ages 4-11 (Thurs., 1/7-2/18, 4-5pm)
Program #09TR42 for ages 12-adult (Sat., 1/9-2/20, 11am-12pm)

An excellent art studio experience which is not only fun but a great learning experience! Instruction will be given for special projects each week that you can enjoy and complete with fellow classmates. The first class is a "meet the teacher" night, where you can tour the studio and meet the teachers and fellow students. (Depending on participant's needs, a caregiver may be required to attend.) A \$15 materials fee is due to instructor at first class. Age 4-adult. Instructor: Carla Gray

TIME: Choose above FEE: \$72

LOCATION: Studio on the Hill, 2251 Pennview Drive, Manchester

SPECIAL OLYMPICS

Athletes must have a current Special Olympics medical form to train. Please contact Kathy Zuback, 443-340-3276 to check on the medical form.

S.O. DRY-LAND SKI AND SNOWSHOE TRAINING

Dec 5-Feb 20 Saturdays

Athletes must be 7 years old to train and 8 years old to compete. Enrollment is limited because of the number of certified coaches - ratio of one coach per 2 athletes. Attendance is mandatory at all practices. Athletes are training for the S.O. Maryland Winter Games in Garrett County 2/28-3/2/10.

TIME: 9-10:30am FEE: Free
LOCATION: Carroll Springs School

S.O. BASKETBALL INDIVIDUAL SKILLS

Jan 14-Mar 18 Thursdays

Athletes must be 7 years old to train and 8 years old to compete. Contact: Kathy Zuback, 443-340-3276. (For team training contact Cathi Holibaugh, 410-756-1723.)

TIME: 6:15-7:15pm FEE: Free
LOCATION: Carroll Springs School

S.O. TRACK & FIELD TRAINING

Feb 13-Apr 24 Saturdays

Athletes must be 18 years or older. This program is also for any athletes whose school does not provide Special Olympics track & field training. Athletes will be training for the Area Spring Games, to be held on Wednesday, April 28, 2010. Contact Kathy Zuback, 443-340-3276.

TIME: 9-10:30am FEE: Free
LOCATION: Carroll Springs School