



YOUTH & TEEN



MUSICAL THEATRE – “Grease”

Sept 1-Nov 12* 10 sessions Wednesdays*
Program #10FG149

No experience required! Students will learn acting, singing and dancing as they work together as part of a theatrical team to put on a final performance of *Grease*! In addition to rehearsing for the performance, students will also develop skills in improvisation, pantomime, character, emotion, and more! (*Grease* school edition is shorter and more suitable in content of students; this abridged version retains the fun-loving spirit and immortal songs that make this show a favorite among rock and roll fans of all ages.)

*Dress rehearsal 11/8-11/11 from 6-8pm, final performance evening of Friday 11/12 for family and friends (7:30pm)! Fee includes costume. Age: 2nd-8th graders. Instructor: Drama Learning Center staff

TIME: 6-8pm FEE: \$225
LOCATION: Westminster location t/b/a

DANCE: BALLET (age 6 by January 1, 2010)

Sept 1-Nov 17 12 sessions Wednesdays
Program #10FG150

Children study ballet posture and alignment, with emphasis on strength in the torso and back. The study of rhythm and movement continues, and the classical ballet concepts required for the first technique class are introduced. Students study turnout, the use of the feet, head and arms, placement of the torso and body alignment. Elementary barre exercises are learned on the floor and more complex rhythms and steps are learned in the center and across the floor. Student should wear a black leotard, pink tights and pink ballet slippers; hair should be worn in a bun. **No early bird discount.** Age: 6-9. Instructor: Carroll County Dance Center



TIME: 5:30-6:30pm FEE: \$108
LOCATION: Taneytown Senior Center

DANCE: TAP (age 6 by January 1, 2010)

Sept 1-Nov 17 12 sessions Wednesdays
Program #10FG151

Children will focus on learning and incorporating these steps into series of combinations in the center and across the floor. Students will learn a sense of rhythm along with increased musicality and use of coordination. Students should wear a black leotard, pink tights and black tap shoes; hair should be worn in a bun or ponytail. **No early bird discount.** Age: 6-9. Instructor: Carroll County Dance Center



TIME: 6:30-7pm FEE: \$54
LOCATION: Taneytown Senior Center

ARCHERY - After School Beginner

September 2 1 session Thursday
Program #10FG152 4:30pm
Program #10FG153 6pm

We've moved indoors! Try your skill with a simple recurve bow and "target" arrows. No experience necessary. Learn safety precautions and proper technique for shooting at targets. You must use our equipment.

This course is **REQUIRED** to participate in our Archery Club. Wear athletic shoes and tie back long hair. Age: 8-adult. **No early bird or senior discount.** Instructor: Tina Shupp

TIME: Choose above FEE: \$6

LOCATION: Robert Moton Center, 300 S. Center Street, Westminster

SEWING FOR FUN!



Sept 3-Sept 24 OR Oct 22-Nov 12 4 sessions Fridays

Program #10FG154 9/3-9/24 (lounge pants project)

Program #10FG155 10/22-11/12 (handbag project)

Learn to sew in a fun environment! No experience necessary. Learn the basics of using a sewing machine and fabrics. (Projects: September class will sew lounge/pajama pants – October class will sew a handbag.) First night of class the student and their parent will need to meet at a local fabric store w/instructor to choose and purchase your own fabric/pattern, etc. - a materials fee of approx. \$12-\$15 will be needed. Bring your own sewing machine or use one we provide. Age: grades 5-8. Instructor: Bobbi Ward

TIME: 6:30-8:30pm FEE: \$45

LOCATION: Westminster High School, Room #E-123



RUN 'N FUN CARDIO

Sept 4-Oct 23 OR Oct 30-Dec 18 7 OR 8 sessions Saturdays

Program #10FG156 9/4-10/23, 8 sessions

Program #10FG157 10/30-12/18, 7 sessions (no class 11/27)

Designed as a fast paced program utilizing races and other activities to work the cardiovascular system in a positive, safe and caring environment. Student/instructor ratio 8:1. Age: 6 and up. Instructor: CGC staff

TIME: 1-2pm FEE: \$115 (8 sessions) / \$105 (7 sessions)

LOCATION: Carroll Gymnastics Center, 2710 Hampstead Mexico Road (at 4Seasons)

MIXED MARTIAL ARTS FOR YOUTH

Sept 4-Nov 20 12 sessions Saturdays

Program #10FG158

Join us to learn or improve your skills; no experience necessary. We will combine boxing, wrestling and jiu-jitsu while playing games and incorporating obstacle courses. Age: 5-10 years. Instructor: John Shaddock

TIME: 9-10am FEE: \$99

LOCATION: Shaddock MMA Academy, 6345 South Carol Park Drive, Sykesville

ARCHERY CLUB – FALL After School

Sept 9-Oct 28 (no class 9/23)

7 sessions Thursdays

Program #10FG159 4:30pm

Program #10FG160 6pm

We've moved indoors! You must have attended one of our "Beginner Archery" programs and be at least 8 years old to join the club. The club fee covers six visits, one "competition" (which is held on the last day), NFAA certified instruction, equipment use, and any awards or certificates





YOUTH & TEEN

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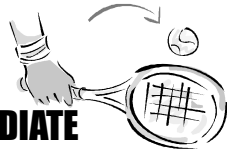
earned. You must use our equipment. Advancement is by the instructors' discretion and depends on age, skill, and equipment availability. Wear athletic shoes and tie back long hair. Age: 8-adult. Instructor: Tina Shupp
TIME: Choose above **FEE:** \$40
LOCATION: Robert Moton Center, 300 S. Center Street, Westminster

AMERICAN RED CROSS BABYSITTER TRAINING

Sept 11 OR Oct 16 OR Nov 13 1 session Saturday
Program #10FG163 9/11 – East Middle School
Program #10FG162 10/16 – Oklahoma Road Middle School
Program #10FG163 11/13 – West Middle School

Babysitters need to be prepared for anything. This American Red Cross Babysitter's Training course features many interactive activities that help students learn the prevention, preparation and emergency skills every good babysitter needs. Subjects covered include: leadership, safety and safe play, basic care, first aid and professionalism. For ages 11-15 (you must be 13 in order to babysit for a child under the age of 8 in the state of Maryland). Bring pen and paper, and a bag lunch. Participants will receive the Red Cross babysitter's handbook, babysitting notepad and a certificate of attendance. Class fills quickly-SIGN UP EARLY! **No early bird discount.** Instructor: ARC staff

TIME: 9am-4pm **FEE:** \$85
LOCATION: Choose above



TENNIS ADV. BEGINNER/INTERMEDIATE

Sept 13-Oct 25 (no 10/11) 6 sessions Mondays
Program #10FG164

A tennis program perfect for advanced beginners to intermediate participants ages 11-16. This course will help develop tennis strokes and perfect technique. Equipment provided. No refunds for weather cancellations or rescheduling. **No early bird discount.** Instructor: Christi Spencer

TIME: 5:30-6:30pm **FEE:** \$65
LOCATION: Westminster City Park courts

KNIT KNACKS

Sept 14-Oct 5 OR Oct 19-Nov 16
 4 sessions Tuesdays

Program #10FG165 9/14-10/5
Program #10FG166 10/19-11/16 (no 11/2)

Knitting for youth - make a hat or scarf in this easy and fun program! Class will focus on the knit and purl stitches and learning to read instructions. Bring a ball of worsted weight yarn in your favorite color. A materials fee of \$10 will be due to instructor at the beginning of first class. Age: 8-16. **No early bird discount.** Instructor: Bobbi Ward

TIME: 6:30-8:30pm **FEE:** \$35
LOCATION: Robert Moton Center, 300 S. Center Street



CHILD AND PARENT YOGA

Sept 15-Oct 20 OR Nov 3-Dec 15 6 sessions Wednesdays
Program #10FG167 9/15-10/20
Program #10FG168 11/3-12/15 (no 11/24)



Children, bring your mom, dad, or grandparent to join with you in a new, non-competitive environment! Yoga promotes strength, flexibility, balance and coordination at any age. It also relieves stress and improves body image. Each class includes yogic breathing, individual poses, poses with our partners and time for relaxation. Bring a yoga mat and a

blanket for each participant. Age: 9-adult. Instructor: Shawn Essed
TIME: 6-6:45pm **FEE:** \$40/parent & child
LOCATION: Northwest Middle School, Taneytown

TENNIS - BEGINNER

Sept 15-Oct 20 6 sessions Wednesdays
Program #10FG169

A program perfect for beginners ages 7-11. This course will help children new to the sport of tennis develop basic tennis strokes including forehand, backhand, volleying, and overhead. Participants will also learn scoring and boundaries for both singles and doubles play. Equipment provided. **No early bird discount.** Instructor: Christi Spencer

TIME: 6-7pm **FEE:** \$65
LOCATION: Westminster City Park courts

BATON TWIRLING - BEGINNER

Sept 15-Dec 7 10 sessions Tuesdays OR Wednesdays
Program #10FG170 Tuesdays 9/21-12/7 (no 11/2, 11/23),

@ Robert Moton Elementary School, cafeteria

Program #10FG171 Wednesdays 9/15-11/17,

@ Eldersburg Elementary School, cafeteria

This program offers quality, certified instruction featuring small groups with lots of individual instruction in baton skills as well as basic dance steps which increases coordination and gracefulness using a fun aerobic routine. A \$12.50 materials fee is due to instructor first night of class. Age: 5-12.

Instructors: Sandra Behe and Kelly Morgan

TIME: 6:30-7:30pm **FEE:** \$60

LOCATION: Choose above



BATON TWIRLING - EXPERIENCED

Sept 15-Nov 17 10 sessions Wednesdays
Program #10FG172

This program offers quality, certified instruction featuring small groups with lots of individual instruction to increase baton and dance skills. Competitive routine will be taught featuring team work, dance and performance quality incorporated into a baton/dance routine. Age: 5 and up. Instructors: Sandra Behe and Kelly Morgan

TIME: 7:15-8:30pm **FEE:** \$60

LOCATION: Eldersburg Elementary, cafeteria



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MGMODELS – MODEL I

Sept 16-Nov 14 8 sessions Thursdays

Program #10FG173

Ever wonder what it takes to be a model or actor? Do you hear all of the radio ads and wonder what if? Join in on the Real Deal of the industry! Taught by industry professionals, you will learn what it takes to break into the industry safely and successfully. Including photographs, marketing materials, training, finding an agent, auditions, bookings, the financial investment and much more! This is a great course for the beginner talent exposing them to the many opportunities the industry can offer in TV and print. Girls and guys, age 4-25. Includes mini photo shoot. Instructors: Megan Graybeal, Ana Maria Lawson, Olivia Stephens

TIME: 4:30-5:30pm FEE: \$130

LOCATION: MGModels/Savage Dance Co., 20-D Liberty Road, Sykesville



FRENCH IS FUN!

Sept 21-Dec 7 (no 11/2, 11/23) 10 sessions Tuesdays

Program #10FG179

Youth grades K-5, come sing, dance and learn French! Students will learn basic French vocabulary and greetings through games, songs and fun. By the end of the course students will be able to greet each other, say their birthday, age, favorite color, as well as other phrases! Some other vocabulary topics covered include family, numbers, weather, days of the week, and months of the year. Instructor: Megan Porter

TIME: 4-4:50pm FEE: \$120

LOCATION: Carrolltowne Elementary

FALL INTO CHINESE FUN - I

Sept 28-Dec 14 (no 11/2, 11/23) 10 sessions Tuesdays

Program #10FG180



Want to learn Chinese language that's fun, and learn Chinese culture without opening the big book? Then fall into Chinese fun this Fall! While having fun singing traditional Chinese children's songs, listening to interesting stories about Chinese culture, playing traditional Chinese games, making fascinating crafts, having conversations with a native Chinese instructor, and even

writing Chinese characters step by step students will gradually build a solid Chinese language and culture foundation. Classes may be separated into smaller groups according to the level of students. Age: K-6 grade. Instructor: Cheng Chen

TIME: 4-4:50pm FEE: \$120

LOCATION: Carrolltowne Elementary

LEARN SPANISH NOW - Beginner

Sept 16-Mar 24 20 sessions Tuesdays OR Thursdays

Program #10FG174 Tuesdays (9/21-3/22)

Program #10FG175 Thursdays (9/16-3/24)

Hola!! Learn ESPANOL PARA NINOS as a way to share this beautiful language and culture. A fun and entertaining program that engages children in a multiple learning environment. By making Spanish a part of your child's world they can improve overall cognitive abilities, acquire improved communication skills, and increase their ability to compete in the global economy. A calendar of session dates will be provided. Grades: K-6. Instructor: Chuza Bolger

TIME: 4-4:50pm FEE: \$240

LOCATION: Tuesdays at Carrolltowne Elementary
Thursdays at Hampstead Elementary



LEARN SPANISH NOW - Continuing

Sept 17-Mar 25 20 sessions Wednesdays OR Fridays

Program #10FG176 Wednesdays (9/22-3/23)

Program #10FG177 Fridays (9/17-3/25)

This program is designed for those students who have previously participated in the Learn Spanish Now beginners program. Always a fun and entertaining program that engages children in a multiple learning environment. By making Spanish a continuing part of your child's world they can improve overall cognitive abilities, acquire improved communication skills, and increase their ability to compete in the global economy. A calendar of session dates will be provided. Grades K-6. Instructor: Chuza Bolger

TIME: 4-4:50pm FEE: \$240

LOCATION: Wednesdays at Carrolltowne Elementary
Fridays at Hampstead Elementary

CHINESE LANGUAGE & CULTURE FOR CHILDREN

Sept 18-Oct 23 6 sessions Saturdays

Program #10FG178

A fun and interesting celebration of Chinese language and culture for children. Your child will study Mandarin Chinese and experience elements of Chinese culture such as dance, crafts and songs. One half hour is devoted to group activity time, with the second half hour broken down by 3-5 and 6-8 age groups for language instruction tailored to each age group. Parent involvement is encouraged, but not required. Come learn together! Age: 3-8 years. Instructor: Rosy Huang, a native of Tian jin, China

TIME: 10:30-11:30am FEE: \$65

LOCATION: Sykesville Middle School

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PASS THE PEAS, PLEASE

Oct 4-Nov 1 (no 10/11) 4 sessions Mondays

Program #10FG181

Table manners for today's kids! An excellent class for those who want to "gobble up" all there is to know about any dining situation, both formal and informal. Learn all about acting as a good host/hostess while dining, behavior at the table, mealtime manners, posture, conversation and so much more! At the family dinner table, your favorite family restaurant or a special occasion meal, skills gained will be put to use every day! Final class is a mini-meal to show off all that you have learned. www.etiquetteforeveryday.com. Age: 8-11. Instructor: Kelly Frager

TIME: 6:30-7:30pm FEE: \$65

LOCATION: South Carroll Senior Center-crafts room



SPORTS PERFORMANCE TRAINING

Oct 5-Oct 21 6 sessions Tuesdays AND Thursdays

Program #10FG182 4-5pm, Youth Athletes

Program #10FG183 5:30-6:30pm, Middle School Athletes

Program #10FG184 7-8pm, High School Athletes

Athletes will improve their athletic performance through training programs designed to enhance speed, agility, quickness, strength, and flexibility. This program focuses on specific drills and exercises to improve the athlete's performance in all sports. After completing the program, athletes are stronger, faster and more explosive. Age: 8 and older. Instructor: TZ Sports staff

TIME: Choose above FEE: \$95

LOCATION: TZ Sports, 6400 Ridge Road, Eldersburg