



HS - SPANISH FOR YOUTH

Age 12-14, 8:30am / Age 9-11, 9:20am
Age 7-8, 10:10am / Age 5-6, 11am

#17FG48 **Wed, Sept 6-Dec 13**

Learn ESPAÑOL PARA NIÑOS as a way to share this beautiful language and culture. A fun program engaging children in a multiple learning environment. Make Spanish a part of your child's world, improve overall cognitive abilities, acquire improved communication skills, and increase their ability to compete in the global economy, at an affordable price! Sessions are 45 minutes in length. NOTE: If we do not receive enough students in one category, ages may be merged and times adjusted; you will be notified prior to start date if this occurs. Instructor-Chuza Bolger

GRADES K-6th / 15 sessions / LSCR
\$165

HS - GIRLS/BOYS GYMNASTICS

Girls 11am-12pm / Boys 12:30-1:30pm

#17FG49 **Thur, Sept 7-Oct 12** - (6)

#17FG50 **Thur, Oct 19-Dec 14** (no 11/23) - (8)

Designed for the beginner gymnast. Students will learn basic skills on all gymnastics equipment and trampoline. Student/instructor ratio 8:1. Please indicate "girls" or "boys" program upon registration.

6+ years / 6 or 8 sessions / Carroll Gymnastics
\$135 (6 sessions) / \$155 (8 sessions)

HS - EXPLORING WATERCOLOR

#17FG51 **Tue, Sept 19-Oct 31** (no 10/3), **12:30-2pm**

Whether you are experienced at watercolor painting or not, this program is for all levels to enjoy. You will be trying out washes and dry brush techniques, and learning how to create a mood for your painting with color and brush-strokes. Students will also learn about color mixing and composition. Most importantly, you will be experiencing the fun of expressing yourself through color and images. Instructor-Suzanne Brault

7-Adult / 6 sessions / RMC

\$66 (+\$20 material fee due to instructor)

HS - ARCHERY CLUB

Thursdays, Nov 2-Dec 14 (no 11/23)

#17FG52 **10:30-11:30am**

#17FG53 **1-2pm**

No experience is necessary. This "club" now includes on the first day the beginner 'lesson' and the rules/instructions to be followed during shooting times. Try your skill with a Genesis bow and "target" arrows. Learn safety precautions and proper technique for shooting at targets. You must use our bows and arrows unless you have GENESIS equipment. Please tie back long hair and wear athletic shoes. Fee includes six visits with one "competition," certified instruction, equipment use, and a practice string bow. Advancement is by the instructor's discretion and depends upon age, skill, and equipment availability. Certified NFAA/NASP Instructor-Tina Shupp

8-Adult / 6 sessions / RMC

\$50



KINDERGARTEN GYMNASTICS

Tuesdays, 4:45-5:30pm

#17FG54 **Sept 5-Oct 10** (6 sessions)

#17FG55 **Oct 17-Dec 12** (no 10/31) (8 sessions)

Designed to develop basic movement, balance and listening skills through structured gymnastics activities. Teacher directed without a parent. Student/instructor ratio 6:1.

5 years / 6 or 8 sessions / Carroll Gymnastics

\$115 (6 sessions)

\$135 (8 sessions)

MOMMY & ME TUMBLING

Wednesdays, 10-10:45am

#17FG56 **Sept 6-Oct 11**

#17FG57 **Oct 25-Nov 29**

An exploration based program with a semi-structured format making physical skills top priority. Parental involvement is gradually decreased thru inviting activities. The children soon take pride in being treated like "big kids."

1-2.5 years / 6 sessions / MD Allstar Athletics

\$90

TINY TUMBLERS

Wednesdays, 11-11:45am

#17FG58 **Sept 6-Oct 11**

#17FG59 **Oct 25-Nov 29**

Emphasis is placed on perfecting basic tumbling skills and working strength, flexibility, coordination, self-confidence. Fundamental gymnastics skills (rolls, headstands, handstands, cartwheels) are taught. At this level, self-discipline and internal motivation become emerging benefits.

2-5 years / 6 sessions / MD Allstar Athletics

\$90

TENNIS TOTS

#17FG60 **Wed, Sept 6-Oct 11, 5:30-6pm**

Designed specifically for young children to develop basic racquet handling skills and court movement; equipment provided. A perfect way to introduce your tots to tennis! Parental supervision is required. No refunds for weather cancelations or rescheduling conflicts. Instructor-Christi Spencer

4-6 years / 6 sessions / Westminster City Park

\$50

PRESCHOOL GYMNASTICS

Thursdays, 10:15-11am

#17FG61 **Sept 7-Oct 12** (6 sessions)

#17FG62 **Oct 19-Dec 14** (no 11/23) (8 sessions)

Designed to develop basic movement, balance and listening skills through structured gymnastics activities. Teacher directed without a parent. Student/instructor ratio 6:1.

3-4 years / 6 or 8 sessions / Carroll Gymnastics

\$115 (6 sessions)

\$135 (8 sessions)

SUPERHERO TRAINING

Saturdays, 10-11am

#17FG63 **Sept 9-Oct 14**

#17FG64 **Oct 28-Dec 9** (no 11/25)

Boys and Girls...learn to fly, jump, climb, and tumble in this action-packed class.

3-8 years / 6 sessions / MD Allstar Athletics

\$80

MOMMY & ME GYMNASTICS

Mondays, 11-11:45am

#17FG65 **Sept 11-Oct 16** (6 sessions)

#17FG66 **Oct 23-Dec 11** (8 sessions)

Designed for the younger child, with parental assistance, to learn beginning movements and activities in a structured environment. Student/instructor ratio 7:1.

18 months-3 years / 6 or 8 sessions

Carroll Gymnastics

\$115 (6 sessions)

\$135 (8 sessions)

BALLET/TAP COMBO I

#17FG67 **Mon, Sept 11-Nov 13, 4-4:50pm**

An exciting introduction to ballet, tap and creative movement. The focus will be on having fun and giving your child a positive intro to dance. No experience is necessary, all levels welcome. Family and friends are invited to attend the end of the last session as the children showcase a brief dance combining techniques they have learned-bring your camera! Wear pink leotard, pink tights, pink ballet slippers, black tap shoes; wear hair in a bun. Students must be independent enough to participate in the program activities without a parent but will need their help with the changing of their shoes during each session. Instructor-Katherine Snyder

3-5 years / 10 sessions / WSC

\$55

