

YOUTH & TEEN

BOYS or GIRLS GYMNASTICS

BOYS 10-11am / GIRLS 12-1pm

#18FG65 Sat, Sept 1-Oct 20

#18FG66 Sat, Oct 27-Dec 22 (no 11/24)

Designed for the beginner gymnast; students will learn basic skills on all gymnastics equipment and trampoline. Student/instructor ratio 8:1. Please indicate "girls" or "boys" program upon registration.

6+ years / 8 sessions / Carroll Gymnastics, Inc.

\$162

TUMBLING GYMNASTICS

Tuesdays 7:30-8:30pm

#18FG67 Sept 4-Oct 16 (7 sessions)

#18FG68 Oct 23-Dec 18 (no 11/20) (8 sessions)

Designed for the beginner gymnast; students will learn basic skills on all gymnastics equipment and trampoline. Student/instructor ratio 8:1.

6+ years / 7 or 8 sessions / Carroll Gymnastics, Inc.

\$152 (7 sessions), \$162 (8 sessions)

BEGINNER TUMBLING

Tuesdays 6-7pm

#18FG69 Sept 4-Oct 9

#18FG70 Oct 23-Nov 27

For those with little or no experience; a great way to "try it out" to see if tumbling is an activity you would like to continue. Learn and practice skills such as rolls, handstands, cartwheels, back-bends, kick-overs, and more.

6+ years / 6 sessions / Maryland Allstar Athletics

\$98

MINI TUMBLERS

Thursdays 5:30-6:30pm

#18FG71 Sept 6-Oct 11

#18FG72 Oct 18-Nov 29 (no 11/22)

Sundays 11-11:45am

#18FG73 Sept 9-Oct 14

#18FG74 Oct 21-Dec 2 (no 11/25)

Emphasis placed on perfecting basic tumbling skills and working strength, flexibility, coordination, self-confidence. Fundamental gymnastics skills (rolls, headstands, handstands, cartwheels) are taught. At this level, self-discipline and internal motivation become emerging benefits.

5-7 years / 6 sessions / MD Allstar Athletics

\$98

TENNIS - ADVANCED BEGINNER / INTERMEDIATE

#18FG75 Mon, Sept 10-Oct 15

5:30-6:30pm

A program designed for the older, or the advanced beginner to intermediate level player. This course will help develop tennis strokes and perfect technique; equipment is provided. No refunds for weather cancellations or rescheduling conflicts. Instructor-Christi Spencer

11-16 years / 6 sessions / Westminster City Park

\$69

SAY IT IN SIGN (ASL)

#18FG76-B Beginner: Tues, Sept 11-Oct 30
6-8pm @ NCSC

#18FG76-I Intermediate: Thurs, Sept 13-Nov 1
6-8pm @ EMS

BEGINNER is a "hands-on" course that will allow you to establish the foundation necessary to communicate effectively with Deaf and hard of hearing people. Learn functional vocabulary and the basics of American Sign Language (ASL) grammar. Materials are provided.

The INTERMEDIATE course is for those who have completed the Beginner program or who have some previous classroom-type experience. This course REQUIRES students to purchase a book on your own, *Signing Naturally ISBN13: 9781581211276 which comes with a DVD*, prior to the first session. Call Rec & Parks if you need assistance in finding where to purchase. Instructor-Laurel Nalepa

15-Adult / 8 sessions / location listed above

\$69

TENNIS BEGINNER

#18FG77 Wed, Sept 12-Oct 17, 6-7pm

This program will help children new to the sport develop basic tennis strokes including forehand, backhand, volleying and overhead. Participants will also learn scoring and boundaries for both singles and doubles play. Equipment is provided. No refunds for weather cancellations or rescheduling conflicts. Instructor-Christi Spencer

7-13 years / 6 sessions / Westminster City Park

\$69

FREE event

Maryland STEM Festival runs October 26 - November 11

Find local activities online at <https://marylandstemfestival.org/> or check with your local library, or contact Carroll County Department of Recreation and Parks.



MINI-MAKER DAY

November 3rd 10am - 12noon
Robert Moton Center Gymnasium
300 S. Center Street, Westminster

- Jewelry Making
- Catapult
- Slime Making
- Bird Seed Feeders
- Engineering with LEGO®
- AND MORE!





DRAMA: Elf, Jr.

*Thursdays 6-8pm**

#18FG78 **Sept 13-Dec 7*** (no 11/22)

Buddy, a young orphan, mistakenly crawls into Santa's bag of gifts and is transported to the North Pole. The would-be elf is raised, unaware that he is actually a human, until his enormous size and poor toy-making abilities cause him to face the truth. With Santa's permission, Buddy embarks on a journey to New York City to find his birth father and discover his true identity. Faced with the harsh reality that his father is on the naughty list and that his half-brother doesn't even believe in Santa, Buddy is determined to win over his new family and help New York remember the true meaning of Christmas.

No experience necessary; there are tryouts and everyone gets a part! Students learn singing/dancing/acting working together as a team to put on the performance. Practice music is provided; students will need to help put together their costume pieces. *TECH WEEK will be held Monday thru Friday, December 3-7 (no absences, please!). Family and friends are all invited to the performance on the evening of *Friday, December 7th. Instructor-Robert Miller

Grades 1st-8th / 16 sessions / RMES

\$175

**(Tech Week times will vary)*

BABYSITTER TRAINING & PEDIATRIC FIRST AID/CPR/AED

Saturday 8:30am-3:30pm AND Sunday 8:30am-12:30pm

#18FG79 **Sept 15th & 16th @ SCSC (Bingo Room)**

#18FG80 **Oct 20th & 21st @ RMC**

Babysitters need to be prepared for anything. This American Red Cross instructor-led course features hands-on interactive activities that provide youth the knowledge and skills necessary to safely and responsibly give care for children and infants. The babysitter training will help participants learn the prevention, preparation and emergency skills every good babysitter needs. Subjects covered include leadership, safety and safe play, basic care, first aid and professionalism (in the state of Maryland, youth must be age 13 in order to babysit for a child under the age of 8), and receive the American Red Cross certificate of attendance. The 1st Aid/CPR/AED training is designed to complement the Babysitter training course which students must complete first. You will have the opportunity to learn from and interact with the instructor who will guide you through hands-on practice of lifesaving skills. Successful students will receive a certificate of Pediatric First Aid/CPR/AED valid for two years. Bring a bag lunch Saturday and a snack on Sunday; and paper and pen for notes.

11-17 years / 2 sessions / locations listed above

\$95, No early bird discount

BALLET/TAP COMBO II

#18FG81 **Mon, Sept 17-Dec 3** (no 10/8 & 11/12), **5-5:50pm**

An exciting introduction including posture and alignment. The focus will be on giving your child a positive intro to dance with a focus on rhythm and movement. All levels welcome/no experience necessary. Wear pink leotard, pink tights, pink ballet slippers, black tap shoes, wear hair in a bun. Students may need some parental help changing their shoes in class each week. Families are invited to attend the end of the last session as the children showcase a brief dance combining techniques they have learned. Instructor-1/b/a

5-7 years / 10 sessions / WSC

\$50

BATON TWIRLING

#18FG82 **Tues, Sept 18-Nov 6, 6:30-7:30pm**

No experience necessary - beginners and experienced welcome. Come join the fun learning how to twirl a baton or increase your skill sets with new tricks and challenges. Beginners learn basic baton skill sets, basic marching skills and dance steps while increasing your ambidexterity and coordination. Baton purchase is available from instructor at first session if needed (apprx. \$19). Instructor-Sandy Behe

Youth age 5+ / 8 sessions / RMES

\$50

NINJA WARRIOR TRAINING

Saturdays 10-11am

#18FG83 **Sept 22-Oct 27**

#18FG84 **Nov 3-Dec 15** (no 11/24)

BOYS and GIRLS- this diverse and challenging set of obstacle courses will encourage fitness through movement, agility, and balance. Participants will use their bodies to their full potential building strength, balance, agility and spacial awareness.

6-10 years / 6 sessions / Maryland Allstar Athletics \$92

ARCHERY CLUB

Wednesdays, Sept 26-Nov 7 (no 10/10 & 10/24)

#18FG85 **Grades 3-5 only, 4:30-5:30pm**

#18FG86 **Grades 6 and up, 6-7pm**

No experience necessary. Includes, on the first day, a beginner "lesson" along with rules/instructions to be followed during shooting times, and is taught by a certified NFAA/NASP instructor. Try your skill with a Genesis bow and "target" arrows. Learn safety precautions and proper technique for shooting at targets. You must use our bows and arrows. Please tie back long hair and wear athletic shoes. Fee includes your five visits with one "competition," certified instruction, equipment use, and a practice string bow. Advancement is by the instructor's discretion and depends upon age, skill and equipment availability. Instructor-Tina Shupp

8-Adult / 5 sessions / RMC

\$47, No senior discount

EVERY KID IN A PARK - CCRP

#18FG87 **Friday, October 19, 10am-4pm**

Based on the idea of a recent National Parks program, as a group, we will venture out to enjoy time a park within approx. 50 miles of Westminster - destination Harpers Ferry, WV. This is a counselor-led program where transportation is provided. Time may include activities before we depart or after our return from our adventure. Bring money as we plan to stop for ice cream. Wear sunscreen, pack a bag lunch (no peanut products), bring water, and dress for hiking and the weather. Space is limited, and register early to take advantage of our early bird discount! Instructor-Rec & Parks staff

4th Graders ONLY (those just completing in the

2017/2018 school year) / **1 session / meet at RMC**

\$25 (+spending money for ice cream)

LEGO® WORKSHOP FUN!

#18FG88 **Friday, October 19, 9am-12pm**

SCHOOL'S OUT today - come in for some FUN! Bring your engineering and creative thinking skills as we create some awesome motorized creations using LEGO®! Participants will apply real-world concepts in physics, engineering, and architecture. Design and build as never before and explore your craziest ideas in a supportive environment. Instructor: Play-Well TEKologies

6-10 years / 1 session / RMC

\$27, No early bird discount



HERSHEYPARK IN THE DARK



#18FG89 **Saturday, October 20
12-11:30pm**

Grab your friends, register and join us for some great Halloween fun as we experience *Hersheypark in the Dark*! Bring money for dinner, snacks and souvenirs. Dress for the weather.

Lead by *Teens On The Go!* Summer Staff

For GRADES 6-10 only / 1 session

meet at RMC

\$70 (+spending money)

