



CLOGGING

Mondays, Apr 9–Jun 11 (no 4/30 & 5/28)

#18SG60-B **Beginner 7–7:30pm**

#18SG60-I **Intermediate 5–6pm**

#18SG60-A **Advanced 6–7pm**

A fun contemporary American Folk dance for all to enjoy! The Beginner level requires no experience-students will learn basic fundamentals working on basic form, movement, sounds/steps, and combining into simple dance routine(s). Wear a thin-soled shoe (leather sole works best). Intermediate requires 3+ yrs' experience, and Advanced is for the well-experienced clogger: wear white clogging shoes with jingle taps; learn new routines/steps and work on team form and accuracy; sessions include some free dance time. Instr.-Footnotes, Becky Morehouse

8-Adult / 8 sessions / RMC

\$40-Beginner (+\$16 material fee for taps, if needed)

\$55-Intermediate/Advanced

No early bird or senior discount

PICKLEBALL OPEN GYM

NEW!!!

#18SG61 **May 2-August 31**

Looking for gym time to play one of the fastest growing sports? Recreation and Parks is offering open pickleball time for a nominal fee. You must provide your own paddle and balls. Must register and participate by location. *Special pricing offer for Seniors age 60+* - receive a \$5 discount when registering. Be sure you provide "good" contact info for cancellation notices. Reminder: we follow school closings for poor weather conditions. Two locations currently available (additional locations may be added at a later date). Coor.-R&P staff

- Sundays 7-10pm on May 6-Aug 26 @ RMC
- Mon/Wed/Fri 1-4pm on May 2-Aug 31 @ NCHS

16-Adult / multiple sessions / locations listed above

\$10 (\$5 senior discount), No early bird discount

TENNIS - ADULT BEGINNER

#18SG62 **Mon, May 14–Jun 25 (no 5/28), 6:30–7:30pm**

A program for those new to the sport to develop basic tennis strokes including forehand, backhand, volleying, and overhead. Participants will learn scoring and boundaries for singles and doubles play; equipment is provided. No refunds for weather cancellations or rescheduling conflicts. Instructor-Christi Spencer

17-Adult / 6 sessions / Westminster City Park

\$67

CINCO de MAYO MUD RUN

Saturday, May 5th, Carroll County Sports Complex

SAVE THE DATE and check back with us for more information!!

Men's, Coe-ed and Church SOFTBALL



contact Matt Purkins

410-857-4832

mpurkins@ccg.carr.org

DRAMA: Seussical, Jr.

Thursdays, 6–8pm

#18SG63 **Mar 1–May 10***

Transporting audiences from the Jungle of Nool to the Circus McGurkus, the Cat in the Hat narrates the story of Horton the Elephant, who discovers a speck of dust containing tiny people called the Whos. Horton must protect the Whos from the world of naysayers and dangers, and he must also guard an abandoned egg that has been left in his care by the irresponsible Mayzie La Bird. Although Horton faces ridicule, danger and a trial, the intrepid Gertrud McFuzz never loses faith in him. Ultimately the powers of friendship, loyalty, family and community are challenged and emerge triumphant!

No experience necessary; there are tryouts and everyone gets a part! Students learn singing/dancing/acting working together as a team to put on the performance. Practice music is provided; students will need to help put together their costume pieces. *TECH WEEK (Carroll County location is tentatively the former North Carroll High School auditorium and will be held Mon-Thur, May 7-10 (no absences, please). Family and friends are invited to the performance on the evening of *Thursday, May 10th. Instructor-Robert Miller

Grades 1st-8th / 14 sessions / RMES

\$173

(Tech Week times will vary)

BALLET/TAP COMBO II

#18SG64 **Mon, Mar 5–May 7, 5–5:50pm**

An exciting introduction including posture and alignment. The focus will be on giving your child a positive intro to dance with a focus on rhythm and movement. All levels welcome-no experience is necessary. Family and friends are invited to attend the end of the last session as the children showcase a brief dance combining techniques they have learned-bring your camera! Students need to wear pink leotard, pink tights, pink ballet slippers, black tap shoes; wear hair in a bun. Students may need some parental help changing their shoes in class each week. Instructor-l/b/a

5–7 years / 10 sessions / WSC

\$55

X-SPORT CONDITIONING

Mondays 6–7pm AND Wednesdays 5:30–6:30pm

#18SG65 **Mar 5–Apr 11**

Want to gain a competitive edge? Then this program is the right fit! Using our equipment, each athlete will receive a program designed to improve speed, agility and quickness. We look forward to helping you with the X-factor!

10–14 years / 12 sessions / Anytime Fitness

\$99

BEGINNER TUMBLING

Tuesdays, 6–7pm

#18SG66 **Mar 13–Apr 17**

#18SG67 **Apr 24–May 29**

For those with little or no experience; a great way to "try it out" to see if tumbling is an activity you would like to continue. Learn and practice skills such as rolls, handstands, cartwheels, backbends, kick-overs, and more.

6+ years / 6 sessions / MD Allstar Athletics

\$96

MINI TUMBLERS

Thursdays, 5:30–6:30pm

#18SG68 **Mar 15–Apr 19**

#18SG69 **Apr 26–May 31**

Emphasis placed on perfecting basic tumbling skills and working strength, flexibility, coordination, self-confidence. Fundamental gymnastics skills (rolls, headstands, handstands, cartwheels) are taught. At this level, self-discipline and internal motivation become emerging benefits.

5–7 years / 6 sessions / MD Allstar Athletics

\$96

"EVERY KID IN A PARK" National Program

NEW!!!

#18SG70 **Saturdays 3/24, 4/7 & 5/12, 10am–4pm**

A National Parks program in place for the third year which offers each student a FREE Park Pass for the whole family good through 8/31/18, which can be used at many National Parks. We will provide you the pass and will use it each session to attend a different park within 50 miles of Westminster. Counselor-led program where transportation is provided. As a group we will take a one-day trip each month to a different location; options may include a Protected Animals facility, Great Falls, Sandy Point State Park or Catoctin Mountain Park. Fun activities each morning before we depart on our adventure. Pack a bag lunch and dress for hiking and the weather. Instructor-Rec & Parks staff

4th Graders ONLY (in 2017/2018 school year) /

3 sessions / meet at RMC

\$20, No early bird discount

NINJA WARRIOR TRAINING

Saturdays, 10–11am

#18SG71 **Mar 24–May 5 (no 3/31)**

#18SG72 **May 12–Jun 16**

BOYS and GIRLS- this diverse and challenging set of obstacle courses will encourage fitness through movement, agility, and balance. Participants will use their bodies to their full potential building strength, balance, agility and spacial awareness.

6–10 years / 6 sessions / MD Allstar Athletics

\$80

LEGO® WORKSHOP FUN!

#18SG73 **Monday, April 2, 9am–12pm**

SCHOOL'S OUT today - come in for some FUN! Bring your engineering and creative thinking skills as we create some awesome motorized creations using LEGO®! Participants will apply real-world concepts in physics, engineering, and architecture. Design and build as never before and explore your craziest ideas in a supportive environment. (See program below for a full day of fun!) Instructor: Play-Well TEKologies

6–10 years / 1 session / RMC

\$25, No early bird discount

LEGO & ART CAMP DAY

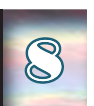
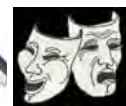
#18SG74 **Monday, April 2, 9am–4pm**

#18SG74-a R&P offers \$5/hour Aftercare 4-6pm*

This is both the LEGO Workshop Fun! program (above) AND the Art Fun! program (below), combined for a great price. Pack a lunch; includes some "recess" time, too. *NOTE: If you choose to use the "Aftercare Program" with RMC staff mentioned above, a snack will be provided during that time-

6–10 years / 1 session / RMC

\$50 (all materials included!), No early bird discount



YOUTH & TEEN

ART FUN!

#18SG74-a R&P offers \$5/hour Aftercare 4-6pm

#18SG75 **Monday, April 2, 1-4pm**

SCHOOL'S OUT today - join us for some Art Fun! Don't sit at home, spend the afternoon enjoying varied art projects-big paintings, paper sculpture animals, dioramas with modeling clay details and more!

Better yet, come for the morning LEGO program (see #18SG74), bring your lunch and stay for art in the afternoon! Eat lunch and then enjoy some break-time in the gym, too. *NOTE: If you choose to use the "Aftercare Program" with RMC staff mentioned above, a snack will be provided during that time frame. Art Instructor: Suzanne Brault

6-10 years / 1 session / RMC

\$30 (all materials included!), **No early bird discount**

BATON TWIRLING

#18SG76 **Tue, Apr 3-May 15, 6:30-7:30pm**

No experience necessary - beginners and experienced welcome. Come join the fun learning how to twirl a baton or increase your skill sets with new tricks and challenges. Beginners learn basic baton skill sets, basic marching skills and dance steps while increasing your ambidexterity and coordination. Baton purchase is available from instructor at first session if needed (approx. \$19). Instructor-Sandy Behe

Youth age 5+ / 7 sessions / RMES

\$45

BABYSITTER TRAINING & PEDIATRIC FIRST AID/CPR/AED

Saturday 8:30am-3:30pm AND Sunday 8:30am-12:30pm

#18SG77 **April 7th & 8th @ SCSC (Bingo Room)**

#18SG78 **May 19th & 20th @ RMC**

Babysitters need to be prepared for anything. This American Red Cross instructor-led course features hands-on interactive activities that provide youth the knowledge and skills necessary to safely and responsibly give care for children and infants. The babysitter training will help participants learn the prevention, preparation and emergency skills every good babysitter needs. Subjects covered include leadership, safety and safe play, basic care, first aid and professionalism (in the state of Maryland, youth must be age 13 in order to babysit for a child under the age of 8), and receive the American Red Cross certificate of attendance. The 1st Aid/CPR/AED training is designed to complement the Babysitter training course which students must complete first. You will have the opportunity to learn from and interact with the instructor who will guide you through hands-on practice of lifesaving skills. Successful students will receive a certificate of Pediatric First Aid/CPR/AED valid for two years. Bring a bag lunch Saturday and a snack on Sunday; and paper and pen for notes.

11-17 years / 1 session / locations listed above

\$95, No early bird discount

NEW!!!

CARING TEENS RESPITE CARE TRAINING

#18SG82 **Saturday, April 28, 10am-4pm**

Caring Teens Wanted! This is a day-long program that prepares teens to offer first-rate care for children who have mild to moderate disabilities and/or to enter the field of special education someday. Unlike families of typical children who can hire a neighborhood teenager to babysit when they need a night out, respite care requires someone with training and confidence to tend to the child's needs. This is an interactive hands-on training especially designed for this age group. Training topics include disability awareness, communication, behavior management, safety, assistive/adaptive equipment, and more. Participants receive a certificate of attendance. Includes snack and beverage; pack a bag lunch. Instructor-Caring Communities staff

13-19 years / 1 session / RMC

\$99

TENNIS - ADVANCED BEGINNER / INTERMEDIATE

#18SG83 **Mon, May 14-Jun 25 (no 5/28), 5:30-6:30pm**

A program designed for the older, or the advanced beginner to intermediate level player. This course will help develop tennis strokes and perfect technique; equipment is provided. No refunds for weather cancellations or rescheduling conflicts. Instructor-Christi Spencer

11-16 years / 6 sessions / Westminster City Park

\$67

TENNIS BEGINNER

#18SG84 **Wed, May 16-Jun 20, 6-7pm**

This program will help children new to the sport develop basic tennis strokes including forehand, backhand, volleying and overhead. Participants will also learn scoring and boundaries for both singles and doubles play. Equipment is provided. No refunds for weather cancellations or rescheduling conflicts. Instructor-Christi Spencer

7-13 years / 6 sessions / Westminster City Park

\$67

NEW!!!

SAY IT IN SIGN (ASL)

#18SG79 **Thurs, Apr 12-May 31, 6-8pm**

A "hands-on" beginner's course that will allow you to establish the foundation necessary to communicate effectively with Deaf and hard of hearing people. Learn functional vocabulary and the basics of American Sign Language (ASL) grammar. Instructor-Laurel Nalepa

15-Adult / 8 sessions / WMS, cafe

\$65

ARCHERY CLUB

Wednesdays, April 18-May 23 (no 5/9)

#18SG80 **Grades 3-5 only, 4:30-5:30pm**

#18SG81 **Grades 6 and up, 5:30-6:30pm**

No experience necessary. Includes, on the first day, a beginner "lesson" along with rules/instructions to be followed during shooting times, and is taught by a certified NFAA/NASP instructor. Try your skill with a Genesis bow and "target" arrows. Learn safety precautions and proper technique for shooting at targets. You must use our bows and arrows. Please tie back long hair and wear athletic shoes. Fee includes your five visits with one "competition," certified instruction, equipment use, and a practice string bow. Advancement is by the instructor's discretion and depends upon age, skill and equipment availability. Instructor-Tina Shupp

8-Adult / 5 sessions / RMC

\$47, No senior discount

REGISTRATION IS NOW OPEN FOR
YOUTH FLAG FOOTBALL

THE NATION'S #1 YOUTH FLAG FOOTBALL PROGRAM

REGISTRATION DEADLINE: MARCH 2ND
SEASON STARTS: APRIL 22ND

CARROLL COUNTY SPORTS COMPLEX

QUESTIONS? 877-866-FLAG (3524)
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