

AQUATICS



SWIM LESSONS

#18SM47 6/18-6/28 #18SM48 *7/2-7/13 (no 7/4) #18SM49 7/16-7/26 #18SM50 7/30-8/9 #18SM51 8/13-8/23

Monday–Thursday* for 2 weeks, 30-minute sessions

BEFORE YOU REGISTER call Rec & Parks 410-386-2103 to determine which level your child should be placed and determine AM or PM time (or you may visit 4seasonssportscomplex.com to see their class listings). UPON REGISTRATION you must indicate if you want an AM class (9am-12pm window) or a PM class (5-7pm window). Ages 6months-3 years will be placed in our "Parent & Me" class which requires parent participation in the pool. Ages 4-12 years will be placed in group lessons of 5-6 students with trained instructors. Youth will be evaluated at the end of each class! *Fridays will be used for makeup days as needed by the Complex.

6 months – 12 years / 8 sessions / 4 Seasons Sports Complex
\$70



PRESCHOOL

MOMMY & ME TUMBLING

Wednesdays, 10–10:45am

#18SM52 Jun 6–Jul 18 (no 7/4)

#18SM53 Jul 25–Aug 29

An exploration based program with a semi-structured format making physical skills top priority. Parental involvement is gradually decreased through inviting activities. The children soon take pride in being treated like "big kids."

1–2.5 years / 6 sessions / MD Allstar Athletics
\$90

TINY TUMBLERS

Wednesdays, 11–11:45am

#18SM54 Jun 6–Jul 18 (no 7/4)

#18SM55 Jul 25–Aug 29

Emphasis is placed on perfecting basic tumbling skills and working strength, flexibility, coordination, self-confidence. Fundamental gymnastics skills (rolls, headstands, handstands, cartwheels) are taught. At this level, self-discipline, internal motivation become emerging benefits.

2–5 years / 6 sessions / MD Allstar Athletics
\$90

SUPERHERO TRAINING

Saturdays, 11am–12pm

#18SM56 Jun 23–Jul 28

#18SM57 Aug 4–Sept 15 (no 9/1)

Boys ... learn to fly, jump, climb and tumble in this action-packed program!

3–7 years / 6 sessions / MD Allstar Athletics
\$90

MOMMY & ME GYMNASTICS

Thursdays, 9:30–10:15am OR 5:30–6:15pm

#18SM58 Jun 21–Jul 12 (choose AM or PM)

#18SM59 Jul 19–Aug 9 (choose AM or PM)

Designed for the younger child, with parental assistance, to learn beginning movements and activities in a structured environment. Student/instructor ratio 7:1.

18 months–3 years / 4 sessions / Carroll Gymnastics
\$85

PRESCHOOL GYMNASTICS

Thursdays, 10:15–11am OR 6:15–7pm

#18SM60 Jun 21–Jul 12 (choose AM or PM)

#18SM61 Jul 19–Aug 9 (choose AM or PM)

Designed to develop basic movement, balance and listening skills through structured gymnastics activities. Teacher directed without a parent. Student/instructor ratio 6:1.

3–4 years / 4 sessions / Carroll Gymnastics
\$85

KINDERGARTEN GYMNASTICS

Thursdays, 11–11:45am OR 5:30–6:15pm

#18SM62 Jun 21–Jul 12 (choose AM or PM)

#18SM63 Jul 19–Aug 9 (choose AM or PM)

Designed to develop basic movement, balance and listening skills through structured gymnastics activities. Teacher directed without a parent. Student/instructor ratio 6:1.

5 years / 4 sessions / Carroll Gymnastics
\$85

TENNIS TOTS

#18SM64 Wed, Jul 11–Aug 15, 5:30–6pm

Designed specifically for young children to develop basic racquet handling skills and court movement; equipment provided. A perfect way to introduce your tots to tennis! Parental supervision is required. No refunds for weather cancellations or rescheduling conflicts. Instructor-Christi Spencer

4–6 years / 6 sessions / Westminster City Park
\$50

GYMNASTICS for PRESCHOOLERS

#18SM65 Sat, Jul 14–Aug 18, 9–9:45am

Have fun and learn a few skills on the mats, beam, bars, rings, rope and trampolines. Students develop body and spatial awareness, coordination, strength, flexibility and balance. Children are grouped according to age. Children under 3 must be accompanied by an adult.

1.5–5 years / 6 sessions / Skyview Gymnastics
\$85

PRINCESS DANCE CAMP

#18SM66 Mon–Thur, Jul 30–Aug 2, 9–11:30am

Have fun learning several types of dance and feel like a princess. Small parent demo on Thursday at 11:15am. Bring a peanut-free snack and water bottle (no juice or colored drinks) each day. Instructor-t/b/a

5–8 years / 4 sessions / RMC
\$65

PRESCHOOL GYMNASTICS CAMP

#18SM67 M–F, Aug 13–Aug 17, 9am–12pm

This half-day camp is designed for the young gymnast. Campers will be grouped by age and ability, and will work on a variety of equipment, including the spring floor, bars, balance beam, tumble track and trampoline. In addition to gymnastics instruction, the daily schedule will include a craft and snack/juice break (provided).

3–5 years / 5 sessions / Carroll Gymnastics
\$165

