



PRESCHOOL



MOMMY & ME TUMBLING

Wednesdays, 10–10:45am

#18WG17 Dec 5-Jan 16 (no 12/26)

#18WG18 Jan 23-Feb 27

Sundays, 10–10:45am

#18WG19 Dec 9-Jan 20 (no 12/30)

#18WG20 Jan 27-March 3

An exploration-based program with a semi-structured format making physical skills top priority. Parental involvement is gradually decreased thru inviting activities. The children soon take pride in being treated like “big kids.”
1–2.5 years / 6 sessions / MD Allstar Athletics
\$94

TINY TUMBLERS

Wednesdays, 11–11:45am

#18WG21 Dec 5-Jan 16 (no 12/26)

#18WG22 Jan 23-Feb 27

Sundays, 12–12:45pm

#18WG23 Dec 9-Jan 20 (no 12/30)

#18WG24 Jan 27-March 3

Emphasis is placed on perfecting basic tumbling skills and working strength, flexibility, coordination, self-confidence. Fundamental skills (rolls, headstands, handstands, cartwheels) are taught. At this level, self-discipline and internal motivation become emerging benefits.
3–5 years / 6 sessions / MD Allstar Athletics
\$94

MOMMY & ME GYMNASTICS

Mondays, 11–11:45am

#18WG25 Jan 7-Feb 25

Designed for the younger child, with parental assistance, to learn beginning movements and activities in a structured environment. Ratio 7:1.

18 mon–3 years / 8 sessions / Carroll Gymnastics
\$142

BALLET/TAP COMBO I

Mondays, 4–4:50pm

#18WG26 Jan 7-Feb 25 (no 1/21, 2/18)

An exciting introduction to ballet, tap and creative movement. The focus is on having fun and giving your child a positive intro to dance. No experience necessary/all levels welcome. Wear pink leotard, pink tights, pink ballet slippers, black tap shoes, and wear hair in a bun. Students must be independent enough to participate in the program activities without a parent but will need their help with changing shoes during each session. Families are invited to attend the end of the last session as the children showcase a brief dance combining techniques they have learned.

Instructor-Zoe Moore

3–5 years / 6 sessions / WSC

\$37, no early bird discount

RAINFOREST ISLAND **NEW**

Tuesdays, 10:30–11:15am

#18WG27 Jan 8-Feb 26 

Preschoolers are introduced to the wonders of science, the thrill of engineering and joy of creative thinking through our STEAM based programs. Program is child-driven, so they naturally adapt to each child and tribe’s developmental level. This program visits “Rainforest Island” and so grab your survival gear for an Amazonian adventure. You and a tribeful of friends will take on a jungle of challenges at breathtaking destinations like Tree Frog Jump, Jaguar’s Claw, Monkey Swings, and Anaconda Squeeze. Instructor- Challenge Island
3-5 years / 8 sessions / RMC
\$82

KINDERGARTEN GYMNASTICS

Tuesdays, 4:45–5:30pm

#18WG28 Jan 8-Feb 26

Designed to develop basic movement, balance and listening skills through structured gymnastics activities. Teacher directed without a parent. Ratio 6:1.

5 years / 8 sessions / Carroll Gymnastics
\$142

SUPERHERO TRAINING

Wednesdays, 9–10am

#18WG29 Jan 9-Feb 13

Saturdays, 11am–12pm

#18WG30 Jan 26- March 2

Boys ... learn to fly, jump, climb and tumble in this action-packed program!

3–8 years / 6 sessions / MD Allstar Athletics
\$92

PRESCHOOL GYMNASTICS

Thursdays, 10:15–11am

#18WG31 Jan 10-Feb 28

Designed to develop basic movement, balance and listening skills through structured gymnastics activities. Teacher directed without a parent. Ratio 6:1.

3–4 years / 8 sessions / Carroll Gymnastics
\$142



HOME & GARDEN



WOMEN IN PROGRESS 2019 (WIP)

Program #WIP2019 January–December 2019

Times vary by activity, join anytime during 2019

This is a growing group of women enjoying a bit of time for themselves and making new friends. Recognizing that we are all “works in progress” and that women in particular tend to make sure other things or other people progress before themselves. We provide time for friendship, support, activity, and new experiences while encouraging individual growth. Come alone or grab a girlfriend and take time to enjoy.

Trips/speakers/ events/gatherings will be scheduled on varying days/times with a schedule announced regularly to the group. Fee covers your membership through December 2019; some activities require additional fees, but not all. Choose only the ones you want to attend. Each month will offer one or more opportunities to participate. Coordinator-Tina Shupp

Adults 21+ / 1+ sessions per month

Meets at RMC or other location by activity

\$30 membership fee for 2019 (additional fees apply for some activities)