



YOUTH & TEEN



DRAMA: *Mulan Jr.*

#19SG45 **Thursdays, February 28-May 17**

The Huns have invaded, and it is up to the misfit Mulan and her mischievous dragon sidekick, Mushu, to save the Emperor! Defying the village matchmaker, Mulan takes up arms and disguises herself as a boy in order to spare her father from having to serve in the army. As the great battle with the Huns approaches, Mulan must choose between revealing her true identity as a girl or saving all of China with her clever plan.

No experience necessary; there are tryouts and everyone gets a part! Students learn singing/dancing/acting working together as a team to put on their performance. Practice music is provided; students will need to help put together their costume pieces. *TECH WEEK will be held Monday thru Friday, May 13-17 (no absences, please!). Family and friends are all invited to the performance on the evening of *Friday, May 17th at West Middle School. Instructor-Robert Miller

- February 28-March 21 from 6:30-8pm @ WWE
- March 28-April 18 from 6-8pm @ RMES
- April 25-May 2 from 6:30-8pm @ WWE
- May 9 from 6-8pm @ RMES
- May 13-17, Tech Week @ WMS

Grades 1st-8th / 16 sessions / RMES, WWE & WMS \$175

TUMBLING GYMNASTICS

Tuesdays, 7:30-8:30pm

#19SG46 **March 5-April 23** (8 sessions)

#19SG47 **April 30-May 28** (5 sessions)

Designed for the beginner gymnast; students will learn basic skills on all gymnastics equipment and trampoline. Student/instructor ratio 8:1.

6+ years / 5 or 8 sessions / Carroll Gymnastics \$162 (8 sessions) / \$102 (5 sessions)

MINI TUMBLERS

Thursdays, 5:30-6:30pm

#19SG48 **March 7-April 11**

#19SG49 **April 18-May 23**

Sundays, 12-1pm

#19SG50 **March 10-April 14**

#19SG51 **April 28-June 2**

Emphasis placed on perfecting basic tumbling skills and working strength, flexibility, coordination, self-confidence. Fundamental gymnastics skills (rolls, headstands, handstands, cartwheels) are taught. At this level, self-discipline and internal motivation become emerging benefits.

5-7 years / 6 sessions / MD Allstar Athletics \$98

NINJA WARRIOR TRAINING

Saturdays, 10-11am

#19SG52 **March 9-April 13**

#19SG53 **April 27-June 1**

BOYS and GIRLS- this diverse and challenging set of obstacle courses will encourage fitness through movement, agility, and balance. Participants will use their bodies to their full potential building strength, balance, agility and spatial awareness.

6-10 years / 6 sessions / MD Allstar Athletics \$94

BOYS or GIRLS GYMNASTICS

Saturdays, Boys 10-11am / Girls 12-1pm

#19SG54 **March 9-April 27** (8 sessions)

#19SG55 **May 4-June 1** (5 sessions)

Designed for the beginner gymnast; students will learn basic skills on all gymnastics equipment and trampoline. Student/instructor ratio 8:1. Indicate "girl" or "boy" program upon registration.

6+ years / 5 or 8 sessions / Carroll Gymnastics \$162 (8 sessions) / \$102 (5 sessions)

BABYSITTER TRAINING

#19SG56 **Saturday, March 9, 8:30am-3:30pm**

Babysitters need to be prepared for anything. This American Red Cross instructor-led course features hands-on interactive activities that provide youth the knowledge and skills necessary to safely and responsibly give care for children and infants. The babysitter training will help participants learn the prevention, preparation and emergency skills every good babysitter needs. Subjects covered include leadership, safety and safe play, basic care, first aid and professionalism (in the state of Maryland, youth must be age 13 in order to babysit for a child under the age of 8) and receive the American Red Cross certificate of attendance. Bring a bag lunch, paper and pen for notes.

11-17 years / 1 session / RMC \$72, No early bird discount

BALLET/TAP COMBO II

Mondays, 5-5:50pm

#19SG57 **March 18-May 20**

An exciting introduction including posture and alignment. The focus will be on giving your child a positive intro to dance with a focus on rhythm and movement. All levels welcome/no experience necessary. Wear black leotard, pink tights, pink ballet slippers, black tap shoes, wear hair in a bun. Students may need some parental help changing their shoes in class each week. Families are invited to attend the end of the last session as the children showcase a brief dance combining techniques they have learned. Instructor-Zoe Moore

3-5 years / 10 sessions / WSC \$57, No early bird discount

BEGINNER TUMBLING

Tuesdays, 6-7pm

#19SG58 **March 12-April 16**

#19SG59 **April 23-May 28**

For those with little or no experience; a great way to "try it out" to see if tumbling is an activity you would like to continue. Learn and practice skills such as rolls, handstands, cartwheels, back-bends, kick-overs, and more.

6+ years / 6 sessions / MD Allstar Athletics \$98

BATON TWIRLING

Tuesdays, March 19-May 7

#19SG60-B **Beginner:** 6:30-7:30pm

#19SG60-I **Intermediate:** 7:30-8:30pm

No experience necessary-beginners and experienced welcome. Come join the fun learning how to twirl a baton or increase your skill sets with new tricks and challenges. Beginners learn basic baton skill sets, basic marching skills and dance steps while increasing your ambidexterity and coordination. Intermediate students will continue with spins, finger twirls and intermediate rolls. Baton purchase is available from instructor at first session if needed (approx. \$19). Instructor-Sandy Behe

5+ years / 8 sessions / RMES \$50

SAY IT IN SIGN (ASL)

Tuesday, 6-8pm

#19SG61-B **Beginner:** March 19-May 7

Thursdays, 6-8pm

#19SG61-I **Intermediate:** March 21-May 9

The BEGINNER course is a "hands-on" course that will allow you to establish the foundation necessary to communicate effectively with deaf and hard of hearing people. Learn functional vocabulary and the basics of American Sign Language (ASL) grammar. Materials are provided.

The INTERMEDIATE course is for those who have completed the beginner program or who have some previous classroom- type experience. This course REQUIRES students to purchase a book on your own, Signing Naturally ISBN13: 9781581211276 which comes with a DVD, prior to the first session. Call Rec & Parks if you need assistance in finding where to purchase.

Instructor-Laurel Nalepa
15-Adult / 8 sessions / RMC \$80

ARCHERY CLUB

Wednesdays, March 20-April 24 (no 4/10)

#19SG62 **Grades 3-5 only, 4:30-5:30pm**

#19SG63 **Grades 6 and up, 5:45-6:45pm**

No experience necessary. Includes, on the first day, a beginner "lesson" along with rules/instructions to be followed during shooting times, and is taught by a certified NFAA/NASP instructor. Try your skill with a Genesis bow and "target" arrows. Learn safety precautions and proper technique for shooting at targets. You must use our bows and arrows. Please tie back long hair and wear athletic shoes. Fee includes your five visits with one "competition," certified instruction, equipment use, and a practice string bow. Advancement is by the instructor's discretion and depends upon age, skill and equipment availability. Instructor-Tina Shupp

8-Adult / 5 sessions / RMC \$47, No senior discount



YOUTH & TEEN



BABYSITTER TRAINING & PEDIATRIC FIRST AID/CPR

Saturdays, 8:30am-3:30pm & Sunday, 8:30am-12:30pm
#19SG64 May 4th & 5th

Babysitters need to be prepared for anything. This American Red Cross instructor-led course features hands-on interactive activities that provide youth the knowledge and skills necessary to safely and responsibly give care for children and infants. The babysitter training will help participants learn the prevention, preparation and emergency skills every good babysitter needs. Subjects covered include leadership, safety and safe play, basic care, first aid and professionalism (in the state of Maryland, youth must be age 13 in order to babysit for a child under the age of 8), and receive the American Red Cross certificate of attendance. The 1st Aid & CPR training is designed to complement the Babysitter training course which students must complete first. You will have the opportunity to learn from and interact with the instructor who will guide you through hands-on practice of lifesaving skills. Successful students will receive a certificate of Pediatric First Aid & CPR valid for two years. Bring a bag lunch Saturday, a snack on Sunday; paper and pen for notes.

11-17 years / 2 sessions / RMC

\$97, No early bird discount

LEGO® WORKSHOP FUN!



#19SG65 Saturday, May 11th 9am-12pm

Come in for some FUN! Bring your engineering and creative thinking skills as we create some awesome motorized creations using LEGO®! Participants will apply real-world concepts in physics, engineering, and architecture. Design and build as never before and explore your craziest ideas in a supportive environment. Instructor-Play-Well TEKologies

6-10 years / 1 session / RMC

\$27, No early bird discount

TENNIS: Beginner

Mondays, 5-6pm

#19SG66 May 20-July 1 (no 5/27)

This program will help children new to the sport develop basic tennis strokes including forehand, backhand, volleying and overhead. Participants will also learn scoring and boundaries for both singles and doubles play. Equipment is provided. No refunds for weather cancellations or rescheduling conflicts.

Instructor-Steve French

7-13 years / 6 sessions / WMHS

\$69

TENNIS: Advanced Beginner

Mondays, 6-7pm

#19SG67 May 20-July 1 (no 5/27)

A program designed for the older, or the advanced beginner to intermediate level player. This course will help develop tennis strokes and perfect technique.

Equipment is provided. No refunds for weather cancellations or rescheduling conflicts.

Instructor-Steve French

7-13 years / 6 sessions / WMHS

\$69

EVERY KID IN THE PARK--CCRP

#19SG68 Saturday, May 11, 10am-4pm

Based on the National Parks program in place which offers 4th Grade Students a FREE Park Pass for their whole family good through 8/31/19, which can be used at many National Parks. Our program will run this Spring and will continue with trips to various other locations during the Summer months (see our Summer Guide for details). On this trip, the group will venture out to Great Falls, MD and take a hike on the Billy Goat Trail. This is an intermediate hike which does require climbing. Wear broken-in hiking boots for the best experience. Fun activities in the morning before we depart or upon our return from the day's adventure. Pack a bag lunch (no peanut products, please) and dress for hiking and the weather. Some spending money is recommended as will look to stop for ice cream on our return trip. Van transportation is included and Free Park Pass will be distributed at the end of the trip. Coordinator-Rec & Parks staff

Current 4th graders ONLY / 1 session / departs RMC \$25 (+spending money for ice cream)

REGISTRATION IS NOW OPEN FOR

YOUTH FLAG FOOTBALL



THE NATION'S #1 YOUTH FLAG FOOTBALL PROGRAM

REGISTRATION DEADLINE: MARCH 1st
SEASON STARTS: APRIL 28th

CARROLL COUNTY SPORTS COMPLEX



QUESTIONS? 877-866-FLAG (3524)
REGISTER ONLINE AT WWW.NATIONALFLAGFOOTBALL.COM



HOME & GARDEN



SMALL ENGINE REPAIR

Mondays, 7-9pm

#19SG69 March 18-May 20 (no 4/1, 5/6)

Learn the basics of small engine theory and operation including 2 & 4 stroke cycle engines; carburation and fuel, and ignition systems, valve jobs and complete overhauls. Class time equally divided with lecture and hands-on experience. Bring your own small engine for the last four sessions. Instructor-Henry Hartman

16-Adult / 8 sessions / WHS, Room AG-3

\$77, No senior discount

WOMEN IN PROGRESS 2019 (WIP)

Program #WIP2019 January-December 2019

Times vary by activity, join anytime during 2019. This is a growing group of women enjoying a bit of time for themselves and making new friends. Recognizing that we are all "works in progress" and that women in particular tend to make sure other things or other people progress before themselves. We provide time for friendship, support, activity, and new experiences while encouraging individual growth. Come alone or grab a girlfriend and take time to enjoy. Trips/speakers/ events/gatherings will be scheduled on varying days/times with a schedule announced regularly to the group. Fee covers your membership through December 2019; some activities require additional fees, but not all. Choose only the ones you want to attend. Each month will offer one or more opportunities to participate. Coordinator-Tina Shupp

Adults 21+ / 1+ sessions per month / Meets at RMC or other location by activity \$30 membership fee for 2019 (additional fees apply for some activities)